



Friend Public School

February & March 2023



Superintendent-Derek Anderson Principal-Elizabeth Stutzman Activity Director-Jim Pfeiffer Counselor-Amy Hottovy



At Christmas time, elementary student council members decided to use some of the money they had raised to purchase clothing, school supplies, and storage items for Ms. Hottovy and the Bulldog Boutique.

Students had a great time picking things out from the Boutique Amazon wish list. All the smiling faces prove once again that giving is a wonderful thing!

*Front row left to right: Grady Arp, Kambryn Kirchhoff, Owen Shonerd, Gannon Payne
Back row left to right: Sadie Brandt, Dane Anderson, Rylee Rohren, Ms. Hottovy, Valerie Spohn*

Be on the look out for more information about our Elementary StuCo members getting the privilege to help with FPS's annual care package drive for children awaiting organ transplants at Nebraska Medical Center later this Spring!



Teamwork Makes The Dream Work!!



Hello, Parents and Students,

I hope your new year is off to a wonderful start. The staff and students are working hard, and we are glad to be back together after winter break. We also look forward to seeing you in the next few months at our Parent-Teacher Conferences (our fall attendance numbers were outstanding, thank you!), Read with A Buddy Day (K-6th Grades welcome guests to read with them), and due to illness we did not get to have an in-person Winter Music Concert, so we look forward to seeing you in person at our Spring Music Concert. We appreciate the community and families always showing up and supporting our staff and students.

Speaking of people being welcomed into our school, every year we have Blue River Cohort (Cohort), and you might be wondering when you see it on the calendar....What is "Cohort"? Why do our kids not have school on Cohort days? What do our staff members gain from Cohort? Great questions!



The Blue River Cohort is made up of five districts: Friend, Exeter-Milligan, Dorchester, Shickley, and McCool Junction. We always get together for Cohort the day after Labor Day in September and the day before we start the second semester in January. We listen to an impactful speaker (motivational, educational, inspiring, etc), and then we get to work in our teams of teachers who teach the same content. We also get to have learning sessions where we focus more on areas of need to help our instruction. This year we also added in teacher wellness sessions to focus on the wellness of our staff, and those sessions were well received! The school who is hosting Cohort rotates every time. We hosted this January, and Curt Tomasevich (Shelby native) was the speaker (pictured). Please know you are always welcome into our building, and we look forward to seeing families, community members, and alumni!

Thank you for your support! Liz Stutzman- Principal Go Dawgs!



Stutzman's Side Notes



"Teamwork Makes The Dream Work"

February 6: Hearing and Vision Screening K-4th and 7th-10th

February 22: 12:30 Out, Parent-Teacher Conferences from 2:00-8:00 PM, we look forward to seeing you, again!

February 24: NO SCHOOL

March 7: NHS Inductions 7:00 PM School library

March 8: Read with a Buddy Day and 2:00 release

March 9 and 10: Spring Break NO School

March 15: 12:30 out due to our school hosting Conference Quiz Bowl at 1:00

March 27: Spring Music Concerts-Elementary 6:00 followed by 7th-12th Grades at 7:15 (note time change) all in the new gym

Scholarships

- Seniors should be busy working on local, regional, and national scholarship applications.
- Several local scholarship applications have already been turned in. Is YOUR son/daughter working on them at home?
- The school website has a complete listing of available local scholarships. Just look under "Counselor's Corner" and then "Scholarship Central." Seniors also receive almost daily emails with scholarship opportunities.
- Thank you to the many local organizations, businesses, and families who offer scholarships to our seniors!

College Visits

- It's never too early to start thinking about college choices! Juniors are encouraged to get in one college visit this semester.
 - Juniors are allowed one excused absence per school year for a college visit, and seniors are allowed two.
- If a student plans to make a college visit, he/she must get the appropriate paperwork completed and turned in BEFORE the day of the visit in order for the absence to be excused.
- Need help scheduling a college visit? Contact Ms. Hottovy at your earliest convenience.

Important Dates for Juniors

- Friday, February 3 – take the practice ACT with Ms. Hottovy
- Tuesday, February 7 – College and Career Fair at Shickley
- Monday, February 20 – 1st ACT prep session with Kevin Hermeling from ACT-Now
- Monday, March 13 – 2nd ACT prep session with Kevin Hermeling
- Tuesday, March 21 – take the ACT (with writing)
 - Parents/guardians of juniors – watch your mail for more information from Ms. Hottovy regarding the ACT!
 - If your son/daughter will be testing on March 21, please mark your calendar now. It is important for students to have a good night's rest the night before the test and to eat a healthy breakfast that morning.

Parenting Tips

- Parents and guardians -- one important thing we can do for our children is focus on how to help them foster confidence without being too hard on themselves. And sometimes life is just difficult! Take a look at these online resources from Child Mind Institute.
 - [12 Tips for Raising Confident Kids](#)
 - [How to Help Kids Who Are Too Hard on Themselves](#)
 - [Kids Who Need a Little Help to Make Friends](#)
 - [13 Ways to Boost Your Daughter's Self-Esteem](#)
 - [How to Build Boys' Self-Confidence](#)

Elementary Parents/Guardians

- I hope your student has come home and talked about what he/she is learning during our elementary lessons. Maybe you have heard about goal setting, how students can show they are paying attention, managing big emotions, and how the brain builds pathways.
- We use the Second Step curriculum at Friend, which focuses on Social-Emotional Learning. In other words, "In a world where emotional intelligence is critical for lifelong happiness, successful careers, and healthier relationships, social-emotional learning (SEL) is the process through which children and adults can better understand, manage, and express emotions and empathy, develop positive relationships, and make responsible decisions. SEL curricula teach children techniques that help them gain confidence, set and achieve positive goals, collaborate well, and navigate the world more effectively—adding a highly valuable dimension to education in the classroom," according to the Second Step website.



From The Office



Friendly Reminder-Don't forget to empty your voicemail so when a school blackboard is activated or your child is sick and we are trying to reach you, we can leave a message for you to access.

Also, if your phone number or email has changed, please call the school so we can update your child's records.

*****NOTE: Please use 402-947-2781 when calling the school*****



Black
Lightning
Dance
Clinic
January
2023





FEBRUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			EMF FFA State Degree Review and District Proficiency Evaluation 9:00 FCCLA District STAR @ Centennial JH BB vs. Dorchester 2:00 1	JH BB @ McCool 2:00 WR CEC @ East Butler 4:00 <div style="border: 1px solid black; padding: 2px; display: inline-block;">Pioneer Conference Tournament TBA</div> 2	2:00 out EMF FFA Officer Meeting Friend 2:30 Juniors Practice ACT <div style="border: 1px solid black; padding: 2px; display: inline-block;">Pioneer Conference Tournament TBA</div> 3	JH BB @ EM Tournament (Exeter) 9:00 Speech @ Beatrice <div style="border: 1px solid black; padding: 2px; display: inline-block;">Pioneer Conference Tournament TBA</div> 4
5	JH BB @ Tri County 4:00 Lions Vision/Hearing Screenings for Grades K-4 & 7, 10 6	BRC College & Career Day @ Shickley (Juniors) 7	Pioneer Speech @ Lourdes CC TBA <i>FCA Lunch Meeting</i> <i>FCCLA Lunch Meeting</i> 8	GB BB vs. Meridian 4:30/5:00/6:00/7:30 GB Parents Night JH BB vs. Sutton 4:00 9	2:00 out WR Districts TBD GB BB @ Diller-Odell 4:30/5:00/6:15/8:00 (Boys V followed by Girls V) 10	WR Districts TBD JH BB vs. Heartland 10:00 Speech @ Meridian 11
12	GB Sub-Districts @ TBD BOE - Media Center 7:30 13	Valentine's Day GB Sub-Districts @ TBD 14	15	GB Sub-District Final @ TBD 16	2:00 out BB vs. Cross County 6:00/7:30 BB Parents Night State Dance-GI 17	JV BB @ Deshler Tournament 9:00 18
19	20	21	22	23	24	25
26	<i>Start of Spring Practice</i> BB District Final @ TBD JH Quiz Bowl @ Thayer Central FCCLA Kearney 27	28	<div style="border: 1px dashed black; padding: 10px;"> <p style="text-align: center;">For the most current and up to date information, please go to: http://www.pioneerconference.org and click on Friend or check the calendar on the school website: friendbulldogs.org</p> </div>			



National FFA Week Feb. 18-25



MARCH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>For the most current and up to date information, please go to: http://www.pioneerconference.org and click on Friend or check the calendar on the school website: friendbulldogs.org</p>			EMF FFA Spring CDE @ Centennial FCA Lunch Meeting		2:00 out EMF FFA Officer Meeting Friend 2:30 Dodgeball Tourney	
			1	2	3	4
		NHS Induction Ceremony 7:00pm Media Center District Speech @ HTRS	2:00 out End of Quarter 3 Read Across America 1:15-2:00pm County Government Day FCCLA Lunch Meeting	NO SCHOOL Spring Break	NO SCHOOL Spring Break	
5	6	7	8	9	10	11
Daylight Savings Time	BOE - Media Center 7:30 ACT Prep 8:00-12:00	FCA Lunch Meeting	12:30 out Senior High Pioneer Conference Quiz Bowl @ Friend 1:00		2:00 out State Speech-Kearney	
12	13	14	15	16	17	18
EMF FFA Chapter Meeting Friend 4:00	Junior High Pioneer Conference Quiz Bowl @ Sterling 1:00	ACT-Juniors Spring sports pictures JH & HS Track 4:00	TR-Pioneer Conference Indoor Meet @ Doane 8:30 FCCLA Lunch Meeting		2:00 out	
19	20	21	22	23	24	25
	Elementary Spring Concert 6:00 Intermission High School Spring Concert 7:00	TR-Turkey Creek Relays (Friend) 10:00 Spring sports pictures Golf 4:00	Golf @ Syracuse Invite 9:30 High School Quiz Bowl @ Seward	JH TR @ Friend Invite 10:00	2:00 out	
26	27	28	29	30	31	
			State FFA Convention—Lincoln March 29-31			

Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF CERTAIN PRODUCTS		Scrambled Eggs Chicken Taco Toppings Shredded Cheese Bread/Butter <i>Fruit & Veggie Bar</i>	Chocolate Chip Muffin Hot Dog/Bun Chili Shredded Cheese <i>Fruit & Veggie Bar</i>	Biscuits & Gravy Fiestada Rice Churro <i>Fruit & Veggie Bar</i> 2:00 out
1	2	3	1	2
Donuts Meaty Nachos Toppings Shredded Cheese Bread/Butter <i>Fruit & Veggie Bar</i>	Pancakes Chicken Nuggets French Fries Bread/Butter <i>Fruit & Veggie Bar</i>	Cinnamon Roll Hamburger/Bun Baked Beans <i>Fruit & Veggie Bar</i>	Breakfast Bites Tomato Soup Grilled Cheese Goldfish <i>Fruit & Veggie Bar</i>	Blueberry pop-tart Subs Chips Cookie <i>Fruit & Veggie Bar</i> 2:00 out
6	7	8	9	10
Breakfast Pizza BBQ Pork Rib Patty French Fries <i>Fruit & Veggie Bar</i>	Egg, Cheese Omelet Breaded Chicken Patty/Bun Jell-O Cheesy Broccoli <i>Fruit & Veggie Bar</i>	Bacon, Egg, Gravy Cheese Pizza Goulash Shredded Cheese Breadsticks <i>Fruit & Veggie Bar</i>	French Toast Sloppy Joes Doritos Frosted Cake <i>Fruit & Veggie Bar</i>	Chocolate, Chocolate Chip Muffins Stuffed Crust Cheese Pizza Corn <i>Fruit & Veggie Bar</i> 2:00 out
13	14	15	16	17
Donuts Walking Taco Toppings Shredded Cheese Bread/Butter <i>Fruit & Veggie Bar</i>	Egg Patties Biscuits & Gravy Tator Tots Orange Juice <i>Fruit & Veggie Bar</i>	Breakfast Bites Mini Corn Dogs Potato Smiles <i>Fruit & Veggie Bar</i> 12:30 out	Breakfast Bar Chicken Strips Mashed Potatoes Gravy Bread/Butter <i>Fruit & Veggie Bar</i> 2:00 out	NO SCHOOL
20	21	22	23	24
Breakfast Pizza Mandarin Orange Chicken Rice Bread/Butter <i>Fruit & Veggie Bar</i>	Blueberry Muffin Chicken Noodle Casserole Green Beans Bread/Butter <i>Fruit & Veggie Bar</i>			
27	28			

Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>March</p>	<p>SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF CERTAIN PRODUCTS</p>	<p>Cinnamon Rolls Taco Burger Toppings Shredded Cheese Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">1</p>	<p>Blueberry Muffin Hot Dog/Bun Chili Shredded Cheese</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">2</p>	<p>Chocolate, Chocolate Chip Muffin Fiestada Rice Churro</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">3</p> <p style="text-align: center; color: red;">2:00 out</p>
<p>Donuts Chicken Nuggets Mashed Potatoes Gravy Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">6</p>	<p>Egg, Cheese Omelet Mini Corn Dogs Sweet Potato Fries</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">7</p>	<p>Breakfast Bites Hamburger/Bun Corn</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: center; color: red;">2:00 out</p> <p style="text-align: right;">8</p>	<p>NO SCHOOL</p> <p style="text-align: right;">9</p>	<p>NO SCHOOL</p> <p style="text-align: right;">10</p>
<p>Breakfast Pizza Mandarin Orange Chicken Rice Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">13</p>	<p>Pancakes Sloppy Joes Doritos Frosted Cake</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">14</p>	<p>Scrambled Eggs Chicken Nuggets French Fries</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: center; color: red;">12:30 out</p> <p style="text-align: right;">15</p>	<p>Breakfast Bars Pizza Burger on open face bun Cooked Carrots</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">16</p>	<p>Biscuits & Gravy Stuffed Crust Cheese Pizza Pudding</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: center; color: red;">2:00 out</p> <p style="text-align: right;">17</p>
<p>Donuts Biscuits & Gravy Tator Tots Apple Juice</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">20</p>	<p>Egg Patties Chicken Strips Mashed Potatoes Gravy Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">21</p>	<p>Bacon, Egg, Gravy Cheese Pizza Hamburger/Bun Baked Beans</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">22</p>	<p>Breakfast Bites Meaty Nachos Toppings Shredded Cheese Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">23</p>	<p>Strawberry pop-tart Subs Chips Cookies</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: center; color: red;">2:00 out</p> <p style="text-align: right;">24</p>
<p>Breakfast Pizza Hot Turkey Sandwich Mashed Potatoes Corn Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">27</p>	<p>Chocolate Chip Muffin Walking Taco Toppings Shredded Cheese Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">28</p>	<p>French Toast Breaded Chicken Patty/Bun Jell-O Cheesy Broccoli</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">29</p>	<p>Blueberry pop-tart Chili Shredded Cheese Cinnamon Rolls</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">30</p>	<p>Egg, Cheese Omelet Spaghetti Shredded Cheese Breadsticks</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: center; color: red;">2:00 out</p> <p style="text-align: right;">31</p>

Dear FPS families,

With the month of April being Donate Life month, Friend Public School will be putting together care packages for children who are in the hospital due to an organ transplant. The past five years have been a huge success thanks to the generosity of our Friend Public School families. This spring the Elementary Student Council will lead the care package drive and will donate all items to the Nebraska Medical Center. The Med Center serves a large region of the United States, as the patients and their families usually have to relocate to Nebraska to stay at the hospital for months, or even up to a year, while waiting for a transplant or after receiving one. Our goal is to provide items for children and their families to help bring joy and ease the stress of their stay.

All donated items must be NEW and from a non-smoking environment. Items should be centered around the age range of children from newborn to 18 years old. The Child Life Specialist at Nebraska Medical Center in Omaha has provided a list of suggested items to best fit the transplant recipients and their families. Gift cards (Amazon, PlayStation, XBOX, iTunes, etc.) are also welcomed!

Thank you for your generosity!

Items are welcomed at school through April 1st, 2023

- * Play-Doh
- * Puzzles (*under 100 pieces*)
- * Legos (*small sets of larger ones & small ones*)
- * Balls
- * Little People & Animals (*farm, zoo, dinosaurs*)
- * Cars (*chunky and hot wheels*)
- * Crayons, markers, colored pencils, sharpie sets
- * Coloring Books (*all ages including adults*)
- * Word Searches
- * Deck of cards/card games (*UNO, Go Fish, Old Maid*)
- * Seek & find books
- * Nail Polish
- * Earbuds
- * Nerf guns
- * Basketball hoops that attach to doors
- * Action figures
- * Board games (*Ex: Sorry, Candyland Chutes and Ladders, Headbands, Spot it Guess Who, Connect 4, Memory, Trouble Yahtzee, Farkle*)
- * Craft items, color by number
- * Painting sets, bracelet making kits, etc.
- * Stress balls/fidgets

Kindergarten celebrated the holiday season by making Gingerbread houses as part of their Christmas Party!



Bulldogs of the Month



Staff:
Amy Hottovy

Keltyn Kirchhoff—8th Grade
MaKenna Burchett—7th Grade

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ECRWSS
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