

Friend Public School

501 South Main St.

P.O. Box 67

Friend, NE 68359

402.947.2781

David Kraus, Superintendent

Elizabeth Stutzman, Principal

Jim Pfeiffer, Activity Director

Amy Hottovy, Counselor

**Congratulations
to our newest
National Honor Society inductees!!**

Fred, Christian, Megan, Vivian, and Cameryn





Stutzman's Side Notes



"Color Your Life With Happiness"

The month of September has come and gone, and we are moving into October. Our staff and students have wrapped up MAPS testing. We use this data to gear our lessons and find which areas students need more help in to be successful. We were very proud of our students, and many of them made improvements on their scores from the previous time taking the test. It was wonderful to see their growth, and it also gives our staff information about areas in which students can improve.

Parent-teacher conferences will be on Wednesday, October 7th. **Elementary Families**-Notes have been sent home about your conference time. Please enter through the Kindergarten ramp doors. Masks are highly encouraged and available for you if you do not have a mask of your own to bring.

The FCCLA students are NOT providing childcare this year.

Secondary Families- We will have conferences in both gyms to allow for more separation and spacing. Please see the schedule below. Please enter through the East or North Doors. Report to the cafeteria first for your child's informational sheet. Masks are highly encouraged and available for you if you do not have a mask of your own to bring.

OLD GYM: (Teachers with last names starting with A-N)

Arp, Baber, Hitchcock, Houlden, Klooz, Martin, Niemeier

NEW GYM: (Teachers with last names starting with M-Z)

Pfeiffer, Rethman, Ricenbaw, Runge, Sliefert, Smiley, Tomlinson, Zurcher

Miss Tomlinson (FFA) will be here from 5:30-8:00 PM, Miss Sliefert (Science) will be here from 2:00-5:00 PM, and

Mr. Smiley (Language Arts/Speech) will be here from 3:30-8:00 PM

Please make coming to conferences a priority. This is a great time to talk face-to-face with your child's teacher(s). We look forward to seeing you on October 7th.

Note: Your child (Preschool-8th Grade) needs to be accompanied by a parent/adult when attending a home activity. Please do not send your child to sporting events unattended, forcing other adults to watch them. These students will be asked to leave.

Keep up the great work! Go Dawgs!!! Mrs. Stutzman- Principal

Important Dates to Mark Down this Month

September 28-October 2nd: Homecoming Week!

October 7th: 12: 30 Release and Parent-Teacher Conferences for all students.

October 8th: 2: 00 Release

October 9th: No school

October 19-23rd: Red Ribbon Week

October 30th: Halloween Parties, costumes can be worn in PreK-6th Grade during the parties 12: 30-2: 00 PM; 2: 00 Release today.

School Website: www.friendbulldogs.org

Twitter Account: @FriendSchools



Breakfast & Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Meal Prices 2020-21 Breakfast.....\$1.85 Grades K-6 lunch \$2.80 Grades 7-12 lunch \$3.05 Extra lunch entrée..\$1.00 Milk (extra or snack time) \$.35</p>			<p>Egg Taco Hot Turkey Sandwich Green Beans Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">1</p>	<p>Biscuits & Gravy Stuffed Crust Cheese Pizza Pudding</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: center;">2:00 out</p> <p style="text-align: right;">2</p>
<p>Donuts Chicken Strips French Fries Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">5</p>	<p>Breakfast Burrito Meaty Nachos Toppings Shredded Cheese Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">6</p>	<p>Breakfast Bites Cheese Pizza Brownies</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">7</p>	<p>Apple Cinnamon Breakfast Bars Chicken Nuggets Mashed Potatoes Gravy Bread/Butter <i>Fruit & Veggie Bar</i></p> <p style="text-align: center;">2:00 out</p> <p style="text-align: right;">8</p>	<p style="text-align: center;">NO SCHOOL</p> <p style="text-align: right;">9</p>
<p>Breakfast Pizza Soft Shelled Tacos Toppings Shredded Cheese Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">12</p>	<p>Sausage, Egg, Cheese Sliders Chicken Quesadilla Chicken Koos Koos</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">13</p>	<p>Egg Taco Hamburger/Bun Baked Beans Chips</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">14</p>	<p>Breakfast Burrito Breaded Chicken Patty/Bun Cheesy Broccoli Jell-O</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">15</p>	<p>Chocolate Chip Mini Muffin Loaf Cheese Flat Bread Green Beans</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: center;">2:00 out</p> <p style="text-align: right;">16</p>
<p>Donuts Mandarin Orange Chicken Rice Cooked Carrots Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">19</p>	<p>Sausage Breakfast Rounds Spaghetti Breadsticks Shredded Cheese</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">20</p>	<p>Cinnamon Rolls Subs Chips Cookie</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">21</p>	<p>Egg Omelet Sloppy Joes Potato Smiles</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">22</p>	<p>Cherry Strudel Mini Corn Dogs Tator Tots</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: center;">2:00 out</p> <p style="text-align: right;">23</p>
<p>Breakfast Pizza Hot Beef Sandwich Green Beans Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">26</p>	<p>Pancakes Hot Dog/Bun Chili Shredded Cheese</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">27</p>	<p>Chocolate Chip Oatmeal Bars Hamburger/Bun Peas Frosted Cake</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">28</p>	<p>Chocolate Covered Mini Donuts Chicken Sticks Mashed Potatoes Gravy Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: right;">29</p>	<p>French Toast Fiestada Mexican Rice Churro</p> <p><i>Fruit & Veggie Bar</i></p> <p style="text-align: center;">2:00 out</p> <p style="text-align: right;">30</p>



EDUCATION QUEST WORKSHOP FOR JUNIORS & SENIORS

- Juniors & Seniors will be participating in an EducationQuest virtual workshop on Thursday, October 1, at 10:00 a.m., to learn about how to pay for college and other financial aid tips. *Parents & guardians are welcome to join the session! A Zoom link will be shared on Facebook, Twitter, and the school website that morning.*
- Seniors will then participate in Apply2College Day! Checklists WERE sent home with seniors mid-September that will be very helpful for them on October 1. Students will very likely need their parent(s)/guardian(s) help to gather necessary information.
- Parents/guardians of seniors are encouraged to get a jump start on the financial aid process by visiting this EducationQuest website: <https://www.educationquest.org/resources/fafsa-tools/>

COLLEGE VISITS

- Juniors are allowed *one excused absence for a college visit. It's never too early to start looking!*
- Seniors are allowed *two excused absences for college visits, and they are highly encouraged to get one completed ASAP since they'll be taking part in Apply2College Day on October 1.*
- Seniors are advised to have applied to at least three colleges before Thanksgiving, so get those college visits scheduled NOW!
- Parent permission forms for college visits are due BEFORE the student is gone from school or the absence will *not be considered excused. Forms are available from Mrs. Kirchhoff in the office.*

SCHOLARSHIP NOTES

- Ms. Hottovy often sends scholarship opportunities and college/career information to juniors and seniors through school email. Have a conversation with your son/daughter about checking their email often and practicing good communication skills.
- If your business, organization, or family would like to begin offering a scholarship to this year's graduating seniors at Friend Public School, please contact Ms. Amy Hottovy at your earliest convenience.
- Current scholarship benefactors who wish to make a change to their application form or process are also encouraged to contact the school counselor as soon as possible. Thank you for your generosity and support!
- Students and parents are able to see an updated list of scholarship opportunities as they become available. Look for the tab called "Scholarship Central" on the school website or follow this link: [Scholarship Central](#). At this time, local scholarships are not listed, but they will be added throughout the year.
- Seniors have been encouraged to create an account and complete a profile through Education Quest to see the MANY scholarship opportunities that exist. They should check the website weekly!

COMMUNITY SERVICE REQUIREMENT

- We are still looking for more community service opportunities to add to our list so students can see a variety of experiences from which to choose. If you are interested in offering and supervising community service, please contact me at your earliest convenience (amy.hottovy@friendschool.org; 402.947.2781 extension 212).

IMPORTANT TEST DATES

October 14 - select Juniors take the PSAT
October 21 - all Sophomores take the PreACT
December 9 - all Sophomores (and some Juniors) take the ASVAB
March 23 - all Juniors take the ACT

ELEMENTARY LESSONS WITH THE COUNSELOR

Parents and guardians -- be on the lookout for a Second Step letter and activity (called Home Link) coming home with your child. We hope your family will work together as a team to reinforce the many skills learned during classroom lessons with Ms. Hottovy.

If you have a Kindergartener, please ask him/her about Miss Potato Head!

If your child is in grades 1-6, ask him/her what it means to be part of Miss Hottovy's "Pineapple Pack"!

KEEPING KIDS SAFE

Parents and guardians, do you ever wonder how to keep up with the latest trends and dangers when it comes to cell phones, social media, screen time, or other technological devices?

Technology can certainly be a blessing, but it can also pose risks to children of all ages if we don't monitor their screen time and take control of the technology in their lives.

CommonSenseMedia.org is an excellent resource for parents! You can access movie, TV, app, game, and book reviews on the website. You can also click on the "Parents Need to Know" tab to search for guidance on numerous topics by age group (ages 2-4, 5-7, 8-9, 10-12, and 13+).

Just like you would never hand the car keys over to your child and encourage him/her to speed down the interstate without any driving lessons or guidance, we should never "turn kids loose" in the world of technology without clear expectations, rules for safety, and an open door to come to you with anything they want or need to discuss.

EducationQuest Foundation

College Planning Bulletin

A monthly college planning guide for Nebraska high school students

October 2020

It's FAFSA time!

Seniors... beginning October 1, you and your parents can complete the 2021-22 [FAFSA](#) (Free Application for Federal Student Aid). The FAFSA is the application for federal, state, and college-based financial aid.

Follow these tips to prepare:

Create a Federal Student Aid Account for you and one for a parent at studentaid.gov.

Attend a Virtual Financial Aid Program to learn about the FAFSA and types of financial aid. When you attend, register for a \$500 [Financial Aid Program Scholarship](#)! To find details about school-based programs, [click here](#). To learn about statewide Financial Aid Programs, [click here](#).

Review the [FAFSA Checklist](#) at EducationQuest.org for items you'll need to complete the FAFSA.

[See FAFSA Tools](#) at EducationQuest.org for helpful resources.

For free virtual help with the FAFSA, call EducationQuest to make an appointment:

Omaha – 888.357.6300, Lincoln – 800.303.3745, Kearney – 800.666.3721, and Scottsbluff – 800.303.3745, ext. 6654.

Seniors, are you ready to Apply2College?

This fall, several Nebraska high schools are holding *Apply2College* events to help senior's complete college applications. Whether or not your school is participating, here are tips and [resources](#) to help you prepare for the application process.

October "To Do" List

Juniors and Seniors:

- ___ Attend the [EducationQuest Virtual College Fair](#) Sept. 27-30.
- ___ Attend a [Financial Aid Program](#) to learn how to pay for college.

Seniors:

- ___ Create a Federal Student Aid Account at studentaid.gov for you and one for a parent.
 - ___ Complete the [FAFSA](#) on or after October 1.
 - ___ Complete college applications. If your school is hosting an *Apply2College* event, participate!
 - ___ [Register](#) by Sept. 25 for ACT tests on Oct. 10, 17, 24, or 25.
 - ___ [Register](#) by October 7 for the November 7 SAT.
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For free help with college planning, contact EducationQuest Foundation:

Omaha	Lincoln	Kearney	Scottsbluff
402-391-4033	402-475-5222	308-234-6310	308-708-7199
888-357-6300	800-303-3745	800-666-3721	800-303-3745, ext. 6654

EducationQuest.org

Follow us on [Facebook](#), [Twitter](#) and [Instagram](#) for a chance to win a [\\$500 scholarship!](#)

Your Journey to College Begins with Us



Nurse Notes

Fall weather & flu season are just around the corner; pair that with allergies and the worry of Covid-19; and you may find yourself wondering just what to do when your child complains of illness! Intermountain Health provides this simple symptom checker to help guide you and your family physician in the decision making process:

Symptoms	Coronavirus <small>Symptoms range from mild to severe</small>	Cold <small>Gradual onset of symptoms</small>	Flu <small>Abrupt onset of symptoms</small>	Seasonal Allergies <small>Symptoms may improve or worsen depending on environment</small>
Fever	Common	Rare	Common	Sometimes
Fatigue	Sometimes	Sometimes	Sometimes	Common
Cough	Common (usually dry)	Mild	Common (usually dry)	Common
Sneezing	No	Common	No	Common
Aches and pains	Sometimes	Common	Common	No
Runny or stuffy nose	Rare	Common	Sometimes	Common
Sore throat	Sometimes	Common	Sometimes	No
Diarrhea	Rare	No	Sometimes in children	No
Headaches	Sometimes	Rare	Common	Sometimes

It is generally best to “when in doubt, sit it out,” but do not hesitate to give me a call if you find yourself unsure of how to handle the decision of school or no school. Happy, healthy fall, y’all!

Nurse Buol



Investigations: PreK-12 Settings

- In all scenarios, a student is considered a **close contact** when they have been within **6 feet of the COVID-19 positive individual for 15 minutes.**
- If the close contact occurs while **participating in extracurricular activities** that take place outdoors or in large spaces (such as gyms), **close contacts may self-monitor, in lieu of quarantine,** even if no participant is masked.
- In all scenarios, **students who are self-monitoring are required to wear masks.**
- PreK-12 students who are a **close contact due to exposure to a household member are required to quarantine.**

When a masked child tests positive and close contacts were wearing masks...

ISOLATE



COVID POSITIVE

SELF-MONITOR



CLOSE CONTACTS

Everyone Masked

When an unmasked child tests positive and close contacts were wearing masks...

ISOLATE



COVID POSITIVE

QUARANTINE

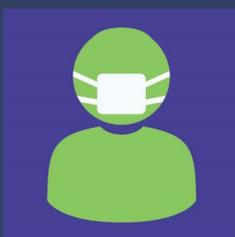


CLOSE CONTACTS

Close Contacts Masked

When a masked child tests positive and SOME close contacts were wearing masks...

ISOLATE



COVID POSITIVE

QUARANTINE



SELF-MONITOR



Some Close Contacts Masked

When an unmasked child tests positive and close contacts were NOT wearing masks...

ISOLATE



COVID POSITIVE

QUARANTINE



CLOSE CONTACTS

No One Masked

EMF FFA Awarded Multiple Grants and Members Receive National Honors

The EMF FFA chapter has been awarded three grants this fall. The first grant that the chapter applied for was a \$2,000 grant through Corteva. With this grant, we were able to purchase two more grow towers for our EM site, bringing the grow tower total there to three. The next grant that the chapter received was a National FFA grant through their Living To Serve program. The Living to Serve program is a year long funded grant for the chapter to work on a project that serves their community. We were fortunate to be funded at the highest level of \$3,000 to purchase three grow towers for the Friend site. Between both sites, we have a total of seven grow towers, which will be used to produce fresh vegetables year round to donate to local food pantries in both communities. Once the lettuce is harvested, students will put together salad kits, which will then be delivered to the food pantries so that people in need will have access to high quality fresh vegetables. The chapter has just received its new towers and will be getting the towers up and running within the next two weeks. The last grant that we received was through the Nebraska FFA Foundation for a total of \$10,000. This grant was written to put in a greenhouse for the chapter to utilize in the classroom, SAE, and chapter setting. We hope to have a greenhouse completely funded and installed by the beginning of the next school year.

Next, our chapter received word at the end of August that we had two of our students selected as National Agriscience Fair Finalists. Jacob Bottom and Sarah Casper completed an Environmental Systems project last year as part of their independent agriculture class. Jacob and Sarah teamed up with Dr. Brian Woodbury of the Meat and Animal Research Center in Clay Center, Nebraska, to work on a project which tackled the issue of Tylosin run-off from feedlots and how to remove the Tylosin from the wastewater lagoons. Sarah and Jacob spent a total of 24 hours on the road and in the lab at MARC collecting and running experiments to test their hypothesis. They completed their research report for the state competition, in which they won their category and had their research forwarded to the national level. Each state is able to forward their state winners for each category to the national level to be eligible to compete. The research reports go through initial scoring, and then they select up to 12 national finalists in each category. Jacob and Sarah were selected to be finalists in their area. Miss Tomlinson traveled to Wayne, Nebraska, to meet with them and record their finalist interview as this year's National FFA Convention has been cancelled due to COVID concerns. Their finalist video will be evaluated by another set of judges, and we will find out at the end of October the final placing for their research project.

For up-to-date information for the EMF FFA Chapter, follow us on Facebook at EMF FFA.



USDA Extends FREE Meals for Kids through December

As announced and approved by the USDA, COVID relief funds will allow our school district to serve free meals to ALL students into the fall months. When funding runs out (estimated to be end of December), we will revert to Full Pay, Reduced or Free as determined under current guidelines.

What this means for your family at Friend Public School:

- 1) All school meals – breakfast and lunch – will be FREE of charge to ALL students, retroactive to the start of the school year. The free meals will continue until USDA/CARES act monies are no longer available, estimated to be the end of December.
- 2) We will plan to begin charging for meals at normal rates again January 1, 2021, or at program end (Free, Reduced, or Full Pay based on eligibility).
- 3) Any meals charged to your student's account thus far this school year will be repriced to ZERO. This action may replenish your student's account in PowerSchool; we will not issue any refunds as your current lunch status (Free, Reduced, or Full Pay) will resume January 1, 2021.
- 4) If your child requests "ala carte seconds" they will still be charged \$1, and extra milks or milk purchased without a meal will still be charged at 35 cents. These charges are parent/guardian's responsibility.
- 5) As of now, the USDA/NDE has made no changes to the Special Milk Program for preschool children.

If you have questions, please contact Michele Johnson-Clouse at 402-947-2781 or michele.clouse@friendschool.org



Staff Members:

Brian Arp, Amy Hottovy, Devin Rethman

Student:

Cameryn Brandt



*Don't forget about the Flu Clinic at
Friend Public School on Thursday, October 8.
Reminder to have your student bring a copy of
his/her insurance card.*

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P.O. Box 67
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PRSR STD
ECRWSS
U.S. POSTAGE
PAID
EDDM