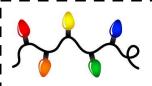
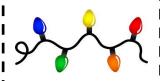
FRIEND PUBLIC SCHOOL

December 2020





Friend Public Schools 501 South Main St. P.O. Box 67 Friend, NE 68359 402.947.2781



Superintendent
David Kraus
Principal
Elizabeth Stutzman
Activity Director
Jim Pfeiffer
Counselor
Amy Hottovy



Left to Right

Row 1-Chase Paulsen, Jayden Capek, Jacob Klooz, Will Vyhnalek, Aiden Vavra Row 2-Dayton Kremer, Mason Vossler, Tyrell Fennell, Mikey Bartu, Zach Spohn, Carter Milton Row 3-Brett Kallhoff, Chase MacDonald, Riley Conner, Zach Rabenhorst, Hunter Svehla, Josiah Oceguera Row 4-Jonah Geiger, Jase Luzum, Christian Conley, Caleb Black, Carver Kanode, Max Johnson

2020 EMF Junior High Football Summary



Game 1 @ Friend vs. High Plains- Win 20-6 EMF got off to a rough beginning to the game as on the first offensive series our starting 1 back, Mikey Bartu, got injured and was out for the rest of the season. EMF did manage to pull out the win in an ugly game in which we had to move players around to different positions.

Game 2 @ Friend vs. Diller Odell- Win 52-14 EMF came out strong from the start, dominating in all phases of the game.

Game 3 @ Milligan vs Thayer Central- Loss 0-20 Thayer Central was a very tough foe. They had very large and athletic kids. We struggled to move the ball as consistently as we would like and made mistakes when we had opportunities to put points on the board.

Game 4 @ Meridian- Win 62-12 Meridian presented a unique challenge as we had to play defense against a 6 man offense, which can be confusing if you are not used to playing 6 man football. Meridian scored quickly on their first possession, then recovered the onside kick and scored again! EMF found themselves in a hole but recovered, holding Meridian to 0 points after that and scoring 62 unanswered points.

Game 5 @ Shelby-Loss 18-36 EMF was in a dogfight from the start, keeping the game close in the first half. In the second half, we made too many mistakes and had some untimely penalties to stall drives.

Game 6 @ Heartland- Win 24-18 EMF played a tough game, overcoming the fact that we were missing some players for various reasons and Jacob Klooz was playing with a lot of pain and only able to use one arm. We had kids step up and help us do enough to secure the win.

Coach Cerveny and Hitchcock are very proud of the guys. They had to overcome a lot of obstacles this year, including injuries and Covid. When we lost Mikey to injury, we lost a very strong team leader. This was unfortunate but did give Jacob Klooz and Aiden Vavra a chance to step up and develop as team leaders, and they did step up in a big way!

We look forward to next year as we have a strong core of talented 7th graders who are capable of a strong season next year.



Superintendent's Desk

Friend Public School

501 S. Main Street/ P.O. Box 67, Friend, NE 68359 Phone: 402-947-2781 Fax: 402-947-2026 www.friendbulldogs.org

2020-2021 Home Basketball Game Protocols

(Subject to Change with DHM notices)

- Everyone in attendance at home basketball contests will be required to wear face coverings.
- Fan attendance: all indoor youth extracurricular activities are limited to household members of participants only, per current DHM. When the DHM changes, we will adjust and inform the community.
- Student attendance: Students will not be allowed to attend unless they are household members of players and/or coaches.
 - Coaches will create pass lists (family lists) and give them to the Athletic Director by noon on each Monday for the week.
- All home high school basketball contests will be streamed over Striv for the public to view online.
- · We are asking family members to sit together at all home contests.
 - o 6 feet of separation is required between household units.
 - o Only every other row in the bleachers will be utilized for seating.
- Face coverings will be required for all basketball players and cheerleaders when they
 are not active (sitting on the bench, standing on the sideline, or in the locker room).
 - A basketball player who has just come off the court and needs to catch his/her breath may wait to wear a face covering.
 - As long as basketball players are breathing normally, face coverings will be required.
- All coaches will be required to wear face coverings at all times.
- Coaches will be required to temperature check basketball players and student managers before all contests that occur when school is not in session (during a Saturday contest).
 - o Pass lists for each away team will need to be submitted to our Athletic Director a day before the contest begins.
- After Game Meals- Not allowed at this time.









Stutzman's Side Notes

"Color Your Life With Happiness"



Our staff and students have been getting into the giving spirit this month! We began by having our elementary canned food drive to donate items to the Friend Food Pantry. The Pre-school-6th Grade classes collected canned goods, food items, and household items for the Friend Food Pantry! *The grand total collected was 1,626 ITEMS!!!! WOW!* Thank you to everybody who donated items, the Sixth Graders for loading up the van, and to Pastor Black for picking up the items. The number of items donated by each class were: Preschool=240, Kindergarten=236, 1st Grade=262, 2nd Grade=175, 3rd Grade=208, 4th Grade=128, 5th Grade=170, 6th Grade=207. We are so proud of our students and families for showing how to be a giving example.

In our school wide Bulldog Buddies groups, we made cards for all of the Veterans for Veterans Day and also took part in a competition to come up with the theme for Friend's $150^{\rm th}$ celebration in the summer of 2021. Thank you to the elementary students who made crafts for our veterans as well.

To continue with our giving attitude, we are collecting specific items for children waiting on *or* recovering from an organ transplant. Please consider donating during this holiday season to help children who are in need. The list of items needed to be donated were sent home on November 5th and is also included in this newsletter. If you need more information, please contact the school.

Items are due December 11th to the school office.

We have so many things to be thankful for during this holiday season, and I am very proud of our students and staff for showing that giving and serving pay off in dividends over receiving.

Keep up the great work! Go Dawgs!!! Mrs. Stutzman- Principal

Important Dates to Mark Down this Month

December 11: Donation items for care packages due

December 14: 7th-12th grade music program (TBD)

December 17: Elementary music program (TBD)

December 22: 2:00 release for winter break and the end of the 2nd quarter



| eı | ncourage your son/daughter to stay on track): |
|----|------------------------------------------------------------------------------------------|
| | Apply to at least 3 colleges before the end of the semester. |
| | Complete the FAFSA before the end of the semester (contact EducationQuest for |
| | _ assistance). |
| | Check the "Scholarship Central" link on the school website AT LEAST once a week. There |
| | are numerous local scholarships that seniors could start turning in now! |
| | Revisit "Scholarship Quest" on the Education Quest website AT LEAST once a week. |
| L | Update your high school resume NOW since you'll be using it during scholarship season. |
| L | Identify three to five people who can be solid references as you apply for scholarships. |
| | Schedule time to see Ms. Hottovy is you need help with any of the above! |

Checklist for high school seniors who are college-bound (parents & guardians -- please

7-12 grade students and parents/guardians: please mark your calendars with these important dates:

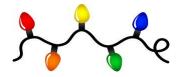
- December 4 is the deadline for 7-12 grade students who wish to make a second semester schedule change. Teacher, parent, and administrative approval is required for all changes.
- Sophomores plus any interested Juniors & Seniors will be taking the ASVAB test on the morning
 of December 9. This is a free opportunity for students to understand their unique skills and
 interests, identify potentially satisfying careers, and discover all the different ways to get to their
 dream job.
- Registration for spring SENCAP classes is due Friday, December 4. Interested 9-12 grade
 students should be making appointments NOW to see Ms. Hottovy to discuss options. This is a
 great way for high school students to earn college credit at a hugely discounted rate! Take a look
 at this website for more information: https://www.southeast.edu/sencap/
- Preparation sessions for the spring ACT will be held for juniors on February 19, March 8, March 15, and March 22..
- March 23 -- juniors will take the ACT in the morning as part of state testing.
- 8th graders will be going on virtual campus visits sometime during the month of April. More information to come!

Elementary parents/guardians:

- Ask your child about what he/she is learning during lessons with the school counselor! These are skills students should use both at school and at home.
 - Lower elementary grades have been practicing their skills of focusing and listening. They should be able to tell and show you how to use your attentoscope!
 - Middle elementary grades are practicing self-talk and how to focus their attention when distractions are present.
 - Upper elementary grades are learning about how to show empathy for others and also how to be assertive (not passive or aggressive).
- It's never too early to begin saving for your child's college expenses!
 - Your child may be young now, but they'll be graduating from high school before you know it
 - While you and your child's teachers are making sure the children are ready for higher education, be sure you have done your homework as well.
 - With some planning and a bit of commitment, you can make their dreams of college a reality!
 - Visit https://www.nest529direct.com/home.html for information on how the NEST529 college savings plan might be a good fit for your family.
 - If you are interested in a brochure, contact Ms. Amy Hottovy at school.



DECEMBER XX



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|---------------------------------------------------------------------------|--------------------------------------------------|----------------------------------------------------------|---------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| For the most current and up to date information, please go to: www.pioneerconference.org and click on Friend or check the calendar on the school website: friendbulldogs.org | | JH GB vs. Dorchester 5:00 | FCA Lunch Meeting District One Act @ Shickley | GB BB vs. Lewiston 5:00/6:00/7:30 (no girls JV) | 2:00 out | WR - Bob Arehart Memorial 9:00 JH GB vs. Shelby - RC 10:00 |
| EMF FFA Chapter Meeting in Friend 5:30 | JH GB vs. Exeter- Milligan 3:00 JH WR @ Tri-County Invite 6:00 | GB BB vs. Sterling 4:30/6:00/7:30 | | JH GB @ Tri-County 4:00 | 2:00 out GB BB vs. FCSH (varsity only) 6:00/7:00 | JH GB vs. Cross County 10:00 JH WR @ Centennial Invite 9:00 WR @ Meridian Invite 9:00 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | 7-12 Holiday Concert TBD BOE - Media Center 7:30 | GB BB @ Parkview Christian (varsity only) 5:30/7:00 | FCA Lunch Meeting | JH GB @ Centennial 5:30 Elementary Holiday Concert TBD | 2:00 out GB BB @ Lawrence-Nelson 4:00/5:00/6:15/8:00 | WR @ Wahoo Invite 9:00 JV GB BB Tournament @ Meridian 9:00 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| | | 2:00 out | | ATORIUM - BUILDING CL | ORIUM - BUILDING CLOSED | |
| | | End of 2nd Quarter GB BB vs. Exeter-Milligan 4:30/6:00/7:30 | Holiday Break NO SCHOOL | Holiday Break NO SCHOOL | Merry Christmas Holiday Break NO SCHOOL | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| | | GB BB Holiday Tournament @ East Butler 4:00 vs. EB Girls 5:30 vs. EB Boys | GB BB Holiday Tournament @ East Butler TBD | ***** | | |
| | Holiday Break NO SCHOOL | Holiday Break NO SCHOOL | Holiday Break NO SCHOOL | Holiday Break NO SCHOOL | | |
| 27 | 28 | 29 | 30 | 31 | | |

Breakfast & Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| | Sausage, Egg, Cheese Sliders Chicken Strips Mashed Potatoes Gravy Bread/Butter Fruit & Veggie Bar | Egg Taco Meaty Nachos Toppings Shredded Cheese Bread/Butter Fruit & Veggie Bar | Chocolate Covered Mini Donuts Chicken Quesadilla Chicken Koos Koos Bread/Butter Fruit & Veggie Bar | Cherry Strudel Fiestadas Cheesy Mexican Rice Churros Fruit & Veggie Bar 2:00 out |
| | 1 | 2 | 3 | 4 |
| Breakfast Pizza Mini Corn Dogs French Fries Brownie Fruit & Veggie Bar | Pancakes Spaghetti Breadsticks Shredded Cheese Fruit & Veggie Bar | Breakfast Bites Hamburger/Bun Baked Beans Fruit & Veggie Bar | Bacon Breakfast Toast Sub Sandwich Chips Cookies Fruit & Veggie Bar | Chocolate, Chocolate Chip Muffins Stuffed Crust Cheese Pizza Pudding Fruit & Veggie Bar 2:00 out |
| 7 | 8 | 9 | 10 | 11 |
| Donuts Hot Dog/Bun Chili Shredded Cheese Fruit & Veggie Bar | Breakfast Burrito Soft Shelled Taco Toppings Shredded Cheese Bread/Butter Fruit & Veggie Bar | Cinnamon Rolls Chicken Nuggets French Fries Bread/Butter Fruit & Veggie Bar | Egg Omelet *Holiday Meal* Sliced Ham Mashed Potatoes Gravy Hot Rolls Cream Cheese Dessert | Biscuits & Gravy Cheese Flatbread Green Beans Fruit & Veggie Bar 2:00 out |
| 14 | 15 | 16 | Fruit & Veggie Bar 17 | 18 |
| Breakfast Pizza Mandarin Orange Chicken Rice Cooked Carrots Bread/Butter | Sausage Breakfast Rounds Hamburger/Bun Chips Cookie Fruit & Veggie Bar | Holiday Break NO SCHOOL | Holiday Break NO SCHOOL | MERRY AS CHRISTMAS |
| Fruit & Veggie Bar | 2:00 out | | | |
| 21 | 22 | 23 | 24 | 25 |
| Holiday Break NO SCHOOL | Holiday Break NO SCHOOL | Holiday Break NO SCHOOL | New Till Serve | Meal Prices 2020-21 Breakfast\$1.85 Grades K-6 lunch \$2.80 Grades 7-12 lunch \$3.05 Extra lunch entrée\$1.00 Milk (extra or snack time) \$.35 |
| 28 | 29 | 30 | 31 | |





3 Things Your School Nurse Wants You to Know **During a Pandemic**

A visit to the nurse's office will look different

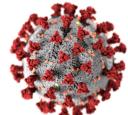
- A complaint of "feeling hot" or a frequent sniffle may find students in the nurse's office much guicker than in years past. This is especially true as Covid-19 rates continue to soar and we enter cold and flu season!
- Students will be asked to maintain social distance or may even have to return at a later time due to another student(s) experiencing potential Covid-19 symptoms and requiring isolation.
- School nurses are asked to follow current CDC guidelines and State Directed Health Measures, which may change frequently.
- School nurses may be found in full PPE (personal protective equipment) as isolation procedures or mass screenings are performed.

School nurses need parents' support

- Schools are asking parents to screen their children on their own before school as we know that keeping symptomatic students at home reduces the rate of exposure.
- In addition to monitoring for COVID-19 symptoms at home, it is important for parents to lead by example by practicing healthy safety measures with their kids; wear masks where mandated, social distance, and wash hands with soap and water for 20 seconds.
- Avoid the Three Cs: 1) Crowded places 2) Close contacts 3) Confined spaces.

Please Be Patient

- Remember that this is new to all of us and that mistakes will be made!
- We all have the best interest of our students at heart.
- We can all give and receive a little extra grace and kindness during this challenging time!



naakkinaanakkinakkinaakinakinakinakakinakakina

Friend Annual Care Packages Donations

This holiday season, Friend Public School will be hosting our 3rd annual care package drive for children who are awaiting organ transplants. This project is to honor Isaac Speece, Crystal Gerdes, and Beckett Arp, whose families graciously chose to donate their loved ones' organs. The past two years were a huge success, thanks to our wonderful community.

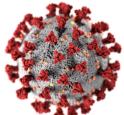
We are asking students to provide items for our care packages. All items must be NEW and from a non-smoking environment.

Please bring the items to school between Nov. 16th and Dec. 11th.

Children's Hospital-requested gifts card for food, fuel, and shopping needs.

UNMC-For ages 0-18

Play-Doh, Lego sets, books, card games- (UNO, Go Fish, Old Maid), puzzles 24-piece, ear buds, Nerf guns, basketball hoops that attach to doors, action figures, cars- Hot Wheels, markers, crayons, colored pencils, coloring books, and board games



EducationQuest Foundation

College Planning Bulletin

A monthly college planning guide for Nebraska high school students

December 2020

What to expect after you submit your FAFSA

The <u>FAFSA</u> opened October 1, so many of you have already completed and submitted your form. Here's what happens next:

Expect a Student Aid Report (SAR) via an email link. The SAR tells you that your FAFSA was processed and lets you know if you need to take further action.

Watch for verification requests. The college(s) you listed on your FAFSA might request verification of your FAFSA information. If so, send the required documents to the colleges' financial aid office. The college will not process your financial aid until they receive the documents.

Watch for financial aid award notifications. The colleges you listed on your FAFSA – and were accepted to – will send you financial aid award notifications detailing the types and amounts of aid they're offering based on your financial need.

Haven't completed your FAFSA yet?

No problem! You and a parent can complete the form at <u>studentaid.gov</u>. Before you start, create a Student Aid Account (FSA ID) for you and one for a parent. You'll need them to access and sign the FAFSA.

For free help with the FAFSA, watch these brief <u>FAFSA Demo videos</u>, use our <u>FAFSA Tools</u>, or call the EducationQuest location nearest to you to make a virtual appointment:

Omaha - 402.391.4033 or 888.357.6300

Lincoln - 402.475.5222 or 800.303.3745

Kearney - 308.234.6310 or 800.666.3721

Scottsbluff - 308.708.7199 or 800.303.3745, ext. 6654

Virtual College Fair site will remain open until Dec. 1

EducationQuest held virtual college fairs Sept. 27-30 and on Nov. 17 so that students could meet with college reps and watch live college-prep presentations. Even though the live fairs are over, you may visit the site at egf.org/collegefair until Dec. 1 to visit college booths and watch recorded sessions. If you visit at least 3 booths, you'll be automatically entered into a drawing for a \$500 scholarship!

Winning the scholarship game

Follow these tips to increase your chances of earning scholarships:

Don't ever pay for scholarship searches! Use *free* resources such as <u>ScholarshipQuest</u> at EducationQuest.org with over 2,000 Nebraska-based scholarships. You'll also find a list of free national sites that we recommend such as <u>Chegg</u>, <u>College Board</u>, and <u>Fastweb</u>.

Visit your school counselor often to learn about local scholarships.

Focus on local and college-based scholarships because you're more likely to earn them.

Update your activities, honors, community service, and paid jobs using the <u>Activities Resume</u> at EducationQuest.org.

Earn the best possible ACT/SAT scores by taking the exam(s) in the spring of your junior year and again in the fall of your senior year.

Use quality references such as a teacher, coach, or counselor. Encourage them to write specific examples of your leadership skills. Give them a specific deadline, and a copy of your Activities Resume.

Tailor your essay to the scholarship. Ask an English teacher to read your essay and offer advice on making a big impact. Your essay will need to stand out from other applications.

December "To Do" List

Complete these tasks during December to stay on the right college_planning track.

Seniors:

____If you haven't already, submit college applications and the FAFSA.

____Continue to apply for scholarships.

Follow EducationQuest on Facebook, Twitter, and Instagram for a chance to win a \$500 scholarship.

Juniors

____Take an ACT prep course.

__Set up a <u>ScholarshipQuest</u> profile and start searching for Nebraska-based scholarships.

__Follow EducationQuest on <u>Facebook</u>, <u>Twitter</u>, and <u>Instagram</u> for a chance to win a <u>\$500 scholarship</u>.

For free help with college planning, contact EducationQuest Foundation:

 Omaha
 Lincoln
 Kearney
 Scottsbluff

 402-391-4033
 402-475-5222
 308-234-6310
 308-708-7199
 \$654

 888-357-6300
 800-303-3745
 800-666-3721
 800-303-3745, ext. 6654

Follow us on Facebook, Twitter and Instagram for a chance to win a \$500 scholarship!

Your Journey to College Begins with Us

FCCLA Coat Drive



Please consider donating clean gently used winter coats to those in need.

ALL sizes are welcome!

Please email Margo Houlden at <u>margo.houlden@friendschool.org</u> if you wish to arrange a time to have coats picked up.

Coats will be given to People's City Mission in Lincoln







Handmade Masks for Sale Adult and Children Sizes \$2.00

For details, email Margo Houlden at margo.houlden@friendschool.org

Profits will support FCCLA Projects















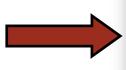


Elementary Food Drive!! Way To Go

Bulldogs!

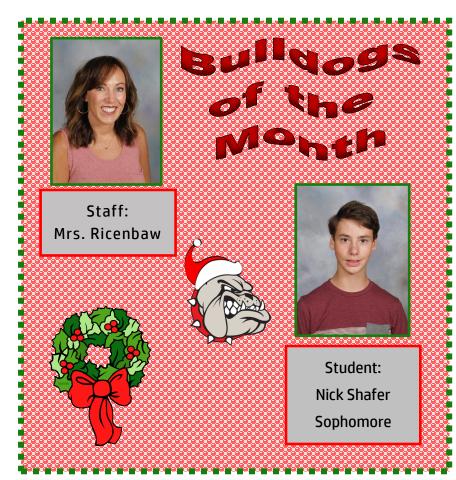


6th Grade Loading the Truck!!













Third graders Grady Arp (left) and Zach Zirkel (right) spend time in the classroom practicing reading skills on the IXL computer program.



FPS Implements Online Program to Support Learning Across Grade Levels

Friend Public School is excited to implement a new online learning program to supplement student learning across all grade levels. The program, called *IXL Learning*, is a research-based comprehensive online curriculum that creates personalized learning for students in the areas of Math and Reading/Language Arts. IXL's skills are aligned to Nebraska's College and Career Ready Standards and the Nebraska Early Learning Guidelines. Friend's special education department has used this program for nearly two years to help boost skills for students in both the elementary and secondary grades. This year, Friend is implementing it as a school-wide program so students can utilize it as both an intervention and an enrichment tool. High-achieving students can also benefit from practicing the upper-level skills that IXL offers. Students are able to log on from both the school and home setting. When asked about the program, Principal Liz Stutzman said, "I am thrilled that our students at all academic levels can have a program at their fingertips (at school and home) that is tailored to fit each student. This is beneficial for all of our students."

Several districts across the state already use IXL, and the website boasts that over 10 million students world-wide currently use this program.