Grant, a student in Mrs. Clouse’s 3rd Grade classroom brought a baby snapping turtle to show to the class and to learn more about. The students had a great time interacting with the snapping turtle, but knew they needed to release it. The class walked to the town pond and enjoyed releasing it together. It was a fun time of outdoor learning.
### October 2023 Calendar

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Pioneer Conference VB Tournament Sites: Pawnee City &amp; Tri-County</td>
<td>JH VB vs Osceola 4:00</td>
<td>JH FB vs Heartland (@ Friend) 4:30</td>
<td>JH VB @ Cross County 4:00</td>
<td>FB @ East Butler (played in Dwight) 7:00</td>
<td>Band to Harvest of Harmony - Grand Island</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Oct. 8-12 Fire Prevention Week</td>
<td>Full Day</td>
<td>2:00 out</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td></td>
<td>JH FB vs High Plains (@ Milligan) 5:00</td>
<td>Pioneer Conf. VB Tournament</td>
<td>County Government Day - Wilber</td>
<td>School Picture Retakes</td>
<td>End of 1st Quarter Pioneer Conf. VB Tournament TBD</td>
<td>13</td>
</tr>
<tr>
<td></td>
<td>JV FB vs High Plains (@ Milligan) 6:30</td>
<td>Pioneer Conf. VB Tournament</td>
<td>Young Women’s Quiz Bowl - Seward</td>
<td>7-12 Fall Concert 7:30</td>
<td>FB Playoffs - 1st Round @ TBD</td>
<td>14</td>
</tr>
<tr>
<td></td>
<td></td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
</tr>
<tr>
<td></td>
<td>VB Triangular vs Lewiston &amp; Pawnee City 5:00</td>
<td>2:00 out</td>
<td>History Quiz Bowl - Seward</td>
<td></td>
<td></td>
<td>20</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Oct. 22-26 Red Ribbon Week</td>
<td>FFA Lunch Meeting 2:00 out</td>
<td>Oct. 24-27 National FFA Convention - Indianapolis</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
</tr>
<tr>
<td></td>
<td>VB Sub-Districts @ Fillmore Central</td>
<td>VB Sub-Districts @ Fillmore Central</td>
<td>FB Playoffs - 2nd Round @ TBD</td>
<td></td>
<td></td>
<td>26</td>
</tr>
<tr>
<td></td>
<td></td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
</tr>
</tbody>
</table>

**Breakfast**
- Grades K-6 lunch: $1.75
- Grades 7-12 lunch: $2.70
- Extra lunch entrée: $1.00
- Milk (extra or snack time): $0.35
- Adult Breakfast: $2.00
- Adult Lunch: $3.55

Remind: Breakfast serving begins at 7:50.

**Blackboard Information System**

We will once again use Blackboard to inform about special dismissal times, events as well as postponements, cancellations & special announcements. If you have updated phone numbers or emails, please let Deb Segner in the front office know.

---

For updated information, please go to: www.pioneerconference.org and click on Friend.
NDE Safety and Security Visit

On Monday, September 24th, a representative from the Nebraska Department of Education visited our school for a safety and security audit. These audits are occurring statewide to gather data on procedures and protocols when it comes to the safety of our schools and students. The audit focused on many aspects from lockdowns to evacuations drills to bullying. Part of the audit included short interviews with staff, students, administration as well as law enforcement. Overall, around 50 people were asked questions ranging from how safe they felt in our school to knowing the procedure drills we practice. A good array of students, elementary to high school, were asked questions about our school. At the end of the day, a final exit report was shared with administration.

We are very pleased with the results and feel very good on what we are doing in our school. All 100% of the people polled shared they felt safe in our school and had someone they could confide in. They felt communication is very good and strong trusting relationships are evident in our building. Staff and students knew what to do in emergencies, as we have practiced our drills such as fire, bus evacuation, lock down and lock out already this year. People also shared the key fobs and buzz in entry were a good addition to the building and having all visitors sign in and out keeps inventory on all who are in the building.

The NDE auditor was very impressed with what she saw and heard during her visit. She made a comment, “You should feel really good about where you are at and that you are way ahead of most schools your size”. She also mentioned she would love to use our school as a template example of what a safe school and positive climate looks like to other districts, as it is not always this common. We felt this was a very nice compliment and pats on our back to the staff and students.

We were very pleased with our NDE audit and are following up with our required annual safety and security visit in October. This should also give us another perspective of what is in place and areas we can improve on. We know it is best to plan for the worst and hope for the best when it comes to school safety. If you ever have questions regarding our school safety, please know you can contact us to answer any questions.

Mr. David Kraus,
Superintendent
Stutzman’s Side Notes
“You Learn Something New Every Day”

We had a common theme this month with all of our activities: Teamwork. Cohort, MAPS testing, Bulldog Buddies, EMF Pep Rally, Grandparents Day, Safety and Security Visit, and Homecoming.

Our staff was lucky enough to meet with our other Cohort schools (Exeter-Milligan, Dorchester, McCool Junction, and Shickley) in Shickley and work together and listen to an amazing speaker, Aaron Thomas. Aaron made us laugh and cry and inspired us to be better teachers, leaders, and coaches.

We had our first Bulldog Buddies group time where students are in small groups ranging from Kindergarten-12th Graders. A staff member (or two) led each group. This helps connect us as a whole school. The groups enjoyed creating a unique puzzle piece for each member and posting the puzzle pieces up around the school.

The Exeter-Milligan-Friend Bobcat Pep Rally was a fun experience for all of the students and staff. From tattoos and Rock, Paper, Scissors to getting to chant/yell all of the way down the hall, we had a blast!

Thank you very much to all of our Parents, Grandparents, and Great Grandparents who were able to attend our celebration! The students from Preschool-6th Grade did an amazing job and they were excited to see you there! Families+School=An amazing team!

We also had a Safety and Security visitor from the Nebraska Department of Education. It gave us the chance to discuss all of the great things we are doing in our school, and where we have areas of improvement when it comes to Security.

Our Homecoming theme this year was “Opposites”. The students and staff had fun decorating the halls, doing the lip sync challenge, and dressing up! Thank you for your continued support to our staff and your children as the school year continues on. To be successful we need to continue to work together.

Go Bulldogs!! Liz Stutzman- Principal

Important Dates to Mark Down this Month

October 8-12th: Fire Prevention Week
October 9th: 12:30 Release and Parent-Teacher Conferences for all students.
October 10th: Long Wednesday
October 11th: Social Media Safety Speaker (3rd-12th Grades)
October 18th: School Picture Re-takes
October 22-26th: Red Ribbon Week
October 31st: Halloween Parties, costumes can be worn in PreK-6th Grade during the parties 12:30-2:00 PM.

School Website: www.friendbulldogs.org
Twitter Account: @FriendSchools
<table>
<thead>
<tr>
<th>Day</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Donuts</td>
<td>Sausage-Egg Cheese Sliders</td>
<td>Cinnamon Roll</td>
<td>Breakfast Bites</td>
<td>Cherry Strudel</td>
</tr>
<tr>
<td></td>
<td>K-6 Chicken Strips</td>
<td>Warm Ham &amp; Cheese/</td>
<td>Taco Salad Toppings</td>
<td>Hot Turkey Sandwich</td>
<td>Stuffed Crust Cheese Pizza</td>
</tr>
<tr>
<td></td>
<td>7-12 Spicy Chicken Strips</td>
<td>Bun Jello</td>
<td>Bread/Butter</td>
<td>Mashed Potatoes</td>
<td>Cookie</td>
</tr>
<tr>
<td></td>
<td>Mashed Potatoes</td>
<td>Fruit &amp; Veggie Bar</td>
<td>Fruit &amp; Veggie Bar</td>
<td>Bread/Butter</td>
<td>Fruit &amp; Veggie Bar</td>
</tr>
<tr>
<td></td>
<td>Gravy</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>Fruit &amp; Veggie Bar</td>
<td>2:00 Out</td>
<td></td>
<td></td>
<td>Fruit &amp; Veggie Bar</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Breakfast Pizza</td>
<td>French Toast</td>
<td>Sausage Breakfast Rounds</td>
<td>Breakfast Burrito</td>
<td>Blueberry Muffins</td>
</tr>
<tr>
<td></td>
<td>Breaded Chicken Patty/Bun</td>
<td>Mini Corn Dogs</td>
<td>Chicken Quesadilla</td>
<td>Hamburger/Bun</td>
<td>Cheese Flatbread Pudding</td>
</tr>
<tr>
<td></td>
<td>Broccoli &amp; Cheese</td>
<td>French Fries</td>
<td>Chicken Koos Koos</td>
<td>Baked Beans</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Fruit &amp; Veggie Bar</td>
<td></td>
<td>Sweet Potato Fries</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>12:30 Release</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Fruit &amp; Veggie Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>Breakfast Pizza</td>
<td>Pancakes</td>
<td>Cinnamon Rolls</td>
<td>Breakfast Burrito</td>
<td>Biscuits &amp; Gravy</td>
</tr>
<tr>
<td></td>
<td>Meat Calzones</td>
<td>Hamburger/Bun</td>
<td>Grilled Cheese Sandwich</td>
<td>Sloppy Joes</td>
<td>Chicken Fajitas Toppings</td>
</tr>
<tr>
<td></td>
<td>Marinara Sauce</td>
<td>Chips</td>
<td>Tomato Soup</td>
<td>Potato Smiles</td>
<td>Toppings</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Gold Fish Crackers</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Fruit &amp; Veggie Bar</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>Fruit &amp; Veggie Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>30</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>29</td>
<td>Donuts</td>
<td>Sausage-Egg Cheese Sliders</td>
<td>Blueberry Muffins</td>
<td>Sausage Breakfast Rounds</td>
<td>Beef used from Purple Ribbon</td>
</tr>
<tr>
<td></td>
<td>Fiestada</td>
<td>Warm Ham &amp; Cheese/</td>
<td>Mandarin Orange Chicken</td>
<td><em>5th grade Lunch</em></td>
<td>Meat Program</td>
</tr>
<tr>
<td></td>
<td>Mexican Rice</td>
<td>Bun</td>
<td>Rice</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Churro</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Fruit &amp; Veggie Bar</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>2:00 Out</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>Fruit &amp; Veggie Bar</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>24</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>21</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>19</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>17</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
PARENTS/GUARDIANS...PLEASE TAKE NOTE!

FPS juniors, seniors, and their parents/guardians are invited and highly encouraged to attend an Education Quest college planning and financial aid session at the school on Monday, October 8, at 8:30 a.m. An informational letter will be sent home with juniors and seniors on Monday, October 1.

Start planning college visits now!
*Juniors are allowed one excused absence for a college visit. It’s never too early to start looking!
*Seniors are allowed two excused absences for college visits. I highly encouraged them to get one in ASAP since they’ll be taking part in Apply2College Day on October 8.
*Parent permission forms for college visits are due BEFORE the student is gone from school or the absence will not be considered excused. Forms are available from Mrs. Segner in the office.
*Ms. Hottovy often sends scholarship opportunities and college/career information to juniors and seniors through school email. Have a conversation with your son/daughter about checking their email often and practicing good communication skills.
*Countdown2College is an excellent resource for students and parents in grades 8-12. Sign up to receive monthly emails with tips on planning and paying for college. Take some time to explore all the Education Quest website has to offer.

SCHOLARSHIP NOTES
*If your business, organization, or family plans to provide a scholarship to this year’s graduating seniors at Friend Public School, please contact me at your earliest convenience. I am compiling a list of all local and Foundation scholarship opportunities, plus this is a great opportunity to update the application form. You may reach me via email (amy.hottovy@friendschool.org) or phone (402.947.2781 extension 212). Thank you for your generosity and support!
*Students and parents are now able to see an updated list of scholarship opportunities as they become available. Look for the tab called “Scholarship Central” on the school website. At this time, local scholarships are not listed, but they will be added throughout the year. *Seniors have been encouraged to create an account and complete a profile through Education Quest to see the MANY scholarship opportunities that exist. They should check the website weekly!

COMMUNITY SERVICE REQUIREMENT
We are excited about the opportunity for our students to serve their communities! Thanks to those organizations and businesses that have already contacted us as willing partners in the program. We are still looking for more to add to our list so students can see a variety of experiences from which to choose. If you are interested in offering and supervising community service, please contact me at your earliest convenience (amy.hottovy@friendschool.org; 402.947.2781 extension 212).
Kindergarten has been learning about Community Helpers. We took a tour of our community and looked for different street signs around our community. We also learned about the different “tools” each community helpers uses/needs and made community helper “tool belts!”

We are excited to be tying a new type of book fair this year. We are working with Chapters, a locally owned bookstore in Seward, Nebraska. Chapters will be providing us with a Bookmobile stocked with a wide variety of high quality books for both young and old. The bookmobile will be parked at the south end of the east parking lot. The fair will be open during the following times.

October 8:
Open intermittently during the day and after school until 5:00 p.m.

October 9:
7:45 until 8:15 a.m., 12:30 until 8:00 p.m.

October 10
7:30 until 8:15 am, 11:00 a.m. until 1:00 p.m., and 3:30 until 6:00.

Tressa Beckler, Media Specialist
Grandparents Day Program
Sept. 21 - K-6

We ❤️ Our Grandparents
FPS Seniors are celebrating Apply2College Day on Monday, October 8. Can you match the staff member to his/her college “fun fact”? The answers will be revealed in next month’s newsletter!

1. Traveled to Oahu, Hawaii, to play in a volleyball tournament.
2. Received the “Most Improved Bowler” trophy in his/her college bowling class.
3. Answered the phone for the UNK college information help line, which was on the first floor of his/her dorm, so this person never had to leave the building to go to work.
4. Traveled to New Orleans and Mississippi with college classmates to help “clean up” after Hurricane Katrina.
5. Played soccer in college.
6. Raced motocross.
7. Started college as a fine arts major, focusing on vocal performance, but changed majors after one semester.
8. Had 2 short stories published in a book printed by the college, and also got lost on the Haunted Trail......but was the tour guide!
9. Went to a college where the music building is supposedly haunted by the spirit of an old professor.
10. After never attending high school proms or homecoming events, this guy was selected Freshman Royalty King at Wayne State.
11. Her sorority mascot was the bunnies so each girl had a bunny name. She was “Psycho Bunny.”
12. Football Saturdays at UNL in the student section were her absolute favorite.
13. Sold football programs outside Kinnick Stadium to get free tickets into Iowa games.
14. Rejected NFL wide receiver Larry Fitzgerald in a pick-up game of basketball.
15. Was an RA (resident assistant) for a year.
16. Competed on the college track team, and jobs included flower delivery, office equipment delivery, daycare, and Maurice’s sales associate.
17. Had his/her car stolen (a yellow Volkswagen Beetle) while in class in Brooklyn -- never to be seen again!
18. Had a good college experience even though he/she was 8 hours from home.
19. Worked at the Hallmark store at the mall and was top salesperson of Christmas ornaments.
20. Took classes every summer but also worked as a temporary office aide at the State Office Building, a bill collections agent, and a waitress.
21. Led week-long backpacking trips to the Grand Canyon, canoe trips in the Midwest, and a 10-day rafting trip down the Salmon River in Idaho.
22. Met her husband her senior year of college.
23. Lived in a barn for two years while serving as the student manager at the Sheep Unit.
24. Married her husband in the outdoor cathedral on campus during her sophomore year.
25. Was an accounting major until the middle of his/her sophomore year of college.
26. Enjoyed the freshman dorm with the most closet space and only had to share the bathroom with 4 people!
27. Started college as an Environmental Sciences major.
28. Tore his/her ACL playing intramural flag football.

Staff members to choose from:

Abby Brandt
Amy Hottovy
Brian Arp
Deb Segner
Jake Wiese
Jesse Bower
Julie Ricenbaw
Kristen Sherman
Lori Vyhnalek
Margo Houlden
Michele Johnson-Clouse
Natasha Fuehrer
Sadie Jones
Alexandra Clouse
Amy Wiese
David Kraus
Devin Rethman
Jay Hitchcock
Jim Pfeiffer
Kelly Kraus
Liz Stutzman
Lorie Sliefert
Mary Niemeier
Michelle Schiffner
Paul Martin
Stephanie Svehla
FCCLA Fall Leadership Workshop
On Sept. 17th, five Friend FCCLA Officers attended the Fall Leadership Workshop in Kearney, Nebraska. Over 530 students attended the annual event at the Holiday Inn. Students heard from members of the State Officer Team, the State Peer Officer Team and other chapter leaders about state and national programs, leadership development and chapter management. Pictured are Bridgette Baugh, Kate Houlden, Layla Al-Bumohamed, Blair Miller and Hannah Mananlili.

Spanish In Kindergarten
Spanish II visited Kindergarten and taught us how to say “My name is...” and all the color words in Spanish. We had so much fun!
On Friday, September 14th the students of Friend and Exeter-Milligan got to enjoy some fun and 15 minutes of fame! The Pep Rally was part of the upcoming commercial for Farmers Mutual about the two football teams coming together to form the EMF Bobcats. Pictured here are the Friend Elementary students with their posters, and the finals for the 7th-12th grade Rock, Paper, Scissors tournament- that Jeri (12th Grade, Friend) took first place in. Congrats!
Sophomore Field Trip to Homestead Monument

The Friend H.S. 10th grade American History students recently spent the day visiting Homestead National Monument near Beatrice and Rock Creek Station. The history field trip was part of the class’ study of westward movement. The sophomore students attending the field trip included: Savannah Alfredson, Jyllean Beck, Colton Benjamin, Deven Collier, Abigail Eberspacher, Frank Filipi, Zoe Foster, Cole Holman, Dawson Logan, Avery Moore, Keagan Newsome, Preston Paine, Kendyll Pavel, Megan Rumery, Katelynn Schluter, Gracia Scholl and exchange students Marie Mundelius and Alina Cordoba.

Grandparents Day Program  Sept. 20 - Preschool

Happy Grandparents Day

Grandparents Day
Nebraska State Fair Results
Kraus, Avery  FFA Beef: Simmental Heifers  Blue
Kraus, Avery  FFA Beef: Simmental Heifers  Blue
Kraus, Avery  FFA Showmanship: Beef  Purple
Vyhnalek, Maggie  FFA Swine: Purebred Breeding Gilt  Blue
Weber, Christian  FFA Beef: Market Steer  Purple
Weber, Christian  FFA Showmanship: Beef  Blue
Weber, Jacob  FFA Beef: Market Steer  Blue
Weber, Jacob  FFA Showmanship: Beef  Blue

Husker Harvest Days
EMF FFA took 41 students from Friend and Exeter-Milligan on September 12th of 2018 to the annual Husker Harvest Days in Grand Island, NE. The students had participated in a scavenger hunt hosted by UNL. They had the opportunity to discuss with representatives from various agricultural pathways. These include agribusiness systems, animal environmental, animal, natural resource, plant, power, structural, and technical systems. Students were able to learn about available products, new innovations, and market values.

A big thank you to Big Iron for providing student with free t-shirts.

Upcoming Events
9-28-2018- EMF FFA helping with football concessions
9-26-2018- Cornerstone Bank Ag Day
10-8-2018- Fruit Sales Begin
10-8-2018- Chapter Meeting in Friend
10-10-2018- Land Judging
10-13-2018- EDGE Conference
11-7-2018- Livestock Judging

Old Business
On Sunday August 26th, the Exeter-Milligan-Friend FFA members and their parents/guardians had the chance to join together at the Club House in Friend, Ne to eat supper hosted by the Booster club. We had the chance to figure out who will be joining EMF FFA this year and to come together to become more acquainted with one another as FFA members. We also discussed upcoming events, which EMF FFA members got to sign up for different activities through the school year.

A huge thank you to the Booster Club for the amazing supper.
Dear Parent or Caregiver,

The SKIP Flu immunization clinic will be offered at your child’s school on Wednesday, October 10, 2018.

This year Public Health Solutions is encouraging everyone to “Be a Flu Fighter!” As most are probably aware, it was a very bad flu season last year. The more people immunized will help to reduce the spread of the flu. We realize that the flu shot does not guarantee to protect 100% against getting the flu, but it will greatly reduce the length and severity of symptoms should you get the flu.

Public Health Solutions will plan on following the State’s procedure of only having injectable vaccine. Please be certain to talk to your child so they are aware that they will be getting the shot again this year. We will not be having any Flu Mist available at the school.

To have your child vaccinated, please do the following:

1. **Complete and Sign the Permission Form**
   
   You must complete the attached Permission Form and answer all the Screening Questions. Return the completed form to your child’s school. Children without a completed and signed consent form will not be immunized. **All questions must be answered.**

2. **Insured?** -- Just include a copy of your Insurance or Medicaid/Medicaid Managed Care Cards
   
   Please include a photocopy of your Insurance or Medicaid/Medicaid Managed Care card. There will be no cost to your family as we bill the insurance company.

3. **Are you uninsured?**
   
   Mark the uninsured box on the Permission Form. There will be no charge for the vaccination thanks to the support from the county boards.

4. **Be A Winner against the Flu Fight**
   
   Every student who turned in their Consent Form and got the flu shot the day of the clinic will be entered into a drawing for a $20.00 gift card. The name of the lucky winner will be drawn at the end of the day.

Children under the age of nine who have never had the flu vaccine before, or did not receive two doses prior to this year, will need a second dose (booster). Our nurses will review your child’s record and will let you know if a booster is needed.

If you need a flu shot, or know someone who needs one, and are unsure where to go, please call us! **Remember—your flu shot protects both you and those you love!**

Questions? Call Public Health Solutions District Health Department at 402-826-3880 or toll-free 1-844-830-0813.

This program is supported by Public Health Solutions Board of Health and County Commissioner / Supervisor Boards which help provide funding for anyone who is uninsured.

Sincerely,

Kimberly Buser
Health Director
Be a Flu Fighter!

Public Health Solutions would like to encourage everyone to help become a Flu Fighter. When more people get the flu shot, many less people will become sick with the flu and so there will be less people spreading influenza to others. This is especially important if you are around babies or the elderly. Most healthy school age children may not experience complications to flu, but could risk exposing an elderly grandparent or baby brother/sister to the virus. The elderly and infants under 6 months of age are at a greater risk to have serious complications.

We do plan on following the State’s procedure of only having injectable vaccine. This means no flu mist will be available. Please be certain to talk to your child so they are aware that they will be getting the shot again this year. Public Health Solutions District Health Department will again be offering flu immunization clinics for students at your school. Prior to the start of clinics, students will bring home consent forms and fact sheets explaining the importance of getting the flu immunization. As parents or guardians, you are encouraged to read the information carefully, complete and sign the consent form and send it back to school with your student. One lucky student will be a double winner! Not only will they have received protection against the flu by getting a flu shot they will also be entered into a drawing. Public Health Solutions will enter all students who return a completed permission form AND get the flu shot the day of the school clinic into a drawing for a $25.00 gift card. One lucky name from each school district will be drawn at the end of the school clinic day.

Public Health Solutions District Health Department will be at Friend school on Wednesday, October 10, 2018. For more information, contact your school health office, or Public Health Solutions at 402-826-3880.

Student
Jacob Weber
7th Grade

BULLDOGS
OF
THE
MONTH

Staff -
Mr. Wiese
The Friend FCCLA (Family, Career and Community Leaders of America) Chapter would like to thank parents and community members for saving labels this past year. Money collected from the Box Tops for Education will be used to purchase the books for the One School, One Book Project for the Friend Elementary students. As part of this project, over 80 elementary families will receive a great chapter book for all to enjoy. Other funds from this collection will be used for additional community service activities.

Any labels can be dropped off at school or given to Margo Houlden, FCCLA Advisor. Collection can is also available at Johnson’s Pharmacy. Parents may also send labels with students to their classrooms.

Thanks for supporting our school and community

--- Margo Houlden, FCCLA Advisor