










OCTOBER LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast Pizza Chicken Nuggets Mashed Potatoes/ Gravy <i>Fruit & Veggie Bar</i> 2	Pancakes Stromboli Marinara Sauce <i>Fruit & Veggie Bar</i> 12:30 Dismiss Lunch to Elementary only 3	 Breakfast Bites Sloppy Joes Tator Tots Truffle <i>Fruit & Veggie Bar</i> 2:00 dismissal 4	Egg Taco Chicken Fajita Toppings Bread/Butter <i>Fruit & Veggie Bar</i> 5	Fall Break NO SCHOOL  6	
Donuts Pepperoni Calzone Marinara Sauce <i>Fruit & Veggie Bar</i> 9	Egg Omelet Hamburger/Bun Sweet Potato Wedges <i>Fruit & Veggie Bar</i> 10	Sausage Egg Sliders Tomato Soup Grilled Cheese Sandwich <i>Fruit & Veggie Bar</i> 2:00 dismissal 11	 Cherry Strudel Meaty Nachos Toppings Bread/Butter <i>Fruit & Veggie Bar</i> 12	Biscuits & Gravy Stuffed Crust Cheese Pizza Carrot Cake <i>Fruit & Veggie Bar</i> 13	
Breakfast Bites Chicken Strips Mashed Potatoes/ Gravy <i>Fruit & Veggie Bar</i> 16	 French Toast Taco Salad Toppings Bread/Butter <i>Fruit & Veggie Bar</i> 17	Cinnamon Rolls Sub Sandwich Chips Cookie <i>Fruit & Veggie Bar</i> 2:00 dismissal 18	 Sausage Breakfast Rounds Pizza Burgers Seasoned French Fries <i>Fruit & Veggie Bar</i> 19	Breakfast Burrito Fiestada Mexican Rice Churro <i>Fruit & Veggie Bar</i> 20	
 Sausage Egg Patty Hot Dogs/Bun Chili Shredded Cheese <i>Fruit & Veggie Bar</i> 23	Scrambled Eggs Mandarin Orange Chicken Rice Yellow Cake <i>Fruit & Veggie Bar</i> 24	 Blueberry Muffin Hot Beef Sandwich Mashed Potatoes Bread/Butter <i>Fruit & Veggie Bar</i> 2:00 dismissal 25	 Bacon Breakfast Toast Spaghetti Breadsticks Pudding <i>Fruit & Veggie Bar</i> 26	Biscuits & Gravy Steak Calzone Cheese Sauce Brownies <i>Fruit & Veggie Bar</i> 27	
Donuts Mini Corn Dogs Mac N Cheese <i>Fruit & Veggie Bar</i> 30	 Egg Taco Hamburger/Bun Baked Beans <i>Fruit & Veggie Bar</i> 31	<p style="text-align: center;">Hot Lunch Information</p> <ul style="list-style-type: none"> • Lunch prices for the 2016-17 school year are: • Grades K-6 lunches \$2.55 • Grades 7-12 lunches \$2.80 • Milk (extra or snack time) \$.35 • Extra entrée at lunch \$1.00 • Breakfast \$1.65 • Adult Lunches \$3.40 			<p style="text-align: center;"><i>According to the policy of the Board of Education of the Friend Public School, all meals must be purchased in advance. A student will be notified in writing if and when his/her account has a negative balance.</i></p>