



JUNIORS ATTEND COLLEGE/CAREER DAY

On Friday, January 25, FPS juniors attended the Blue River Cohort College & Career Day at Exeter-Milligan. Students rotated through break-out sessions about ACT test prep, getting into college, coping with stress, financial responsibility, and what qualities and skills businesses look for in employees. The juniors also enjoyed a session on personal safety with Gold Star Martial Arts.



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Friend Public Schools
501 South Main St.
P.O. Box 67
Friend, NE 68359
402.947.2781

David Kraus, Superintendent
Elizabeth Stutzman, Principal
Jim Pfeiffer, Activity Director
Amy Hottovy, Counselor

Industrial Tech Class



Construction Class— Zayne Gomez & Charly Fritsche helped Mr. Hitchcock build a deck at his house.



Left: 8th grade students made turtle banks.
Back row standing (left to right): Taylor Weber, Shelby Steyer, Nicholas Shafer, Braden Benjamin, Kiarra Fennell, Zoey Borgman
Front kneeling: Andrew Lunt, Maddi Coleman

Advanced Industrial Tech student Slater Wells rebuilt an ATV engine and crafted a portable TIG welding station.



Woods Class
wooden chairs:
Josie Vyhnalek
Jacob Bottom
Kate Houlden



February



Sunday

Monday



Tuesday

Wednesday

Thursday

Friday

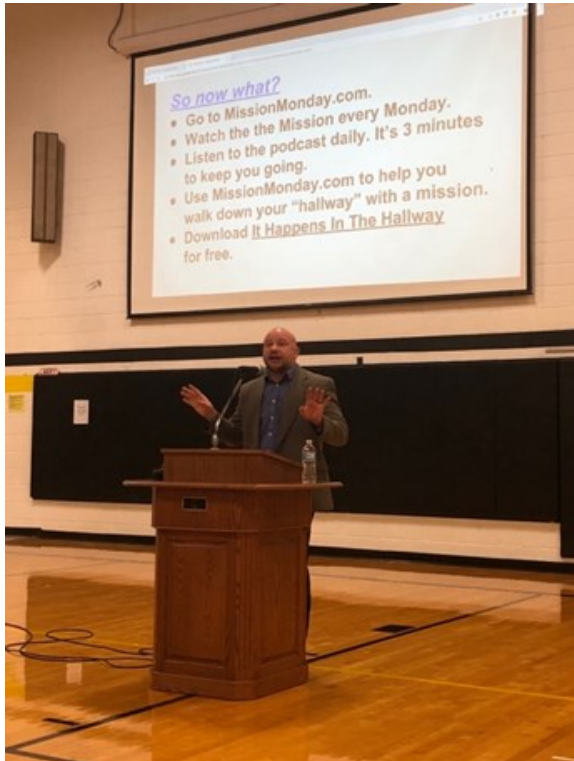
Saturday

<p>For the most current and up to date information, please go to: http://www.pioneerconference.org and click on Friend</p>		<p>Girls Basketball Sub-District D1-3 @ Fillmore Central: Deshler, Friend, Heartland, McCool Junction, Meridian</p> <p>Boys Basketball Sub-District D2-2 @ Wilber-Clatonia Diller-Odell, Dorchester, Exeter-Milligan, Friend, Parkview Christian</p>			<p>GB BB @ Pioneer Conf. Tournament @ Pawnee City Girls vs. Lewiston 6:00 Boys vs. Pawnee City 7:30 WR @ ECNC Conf. @ Louisville 1</p>		<p>JH BB @ Exeter-Milligan Tournament Speech @ Beatrice 2</p>	
<p>Super Bowl 3</p>	<p>4</p>	<p>Dismiss @ 12:30 Parent-Teacher Conferences 2-8 pm BOE 6:30 Media Center **Date Change** 5</p>	<p>FCCLA STAR @ Fairbury FFA State Degree Interviews Full Day 6</p>	<p>GB BB vs. Meridian 4:30/5/6:00/7:30 7</p>	<p>GB BB vs. Diller-Odell 4:30/5/6:00/7:30 8</p>		<p>Speech @ Sandy Creek WR Districts @ Amherst JH BB vs Heartland 10:00 JV GB BB Tournament @ Diller-Odell 9</p>	
<p>10</p>		<p>GB Sub-Districts @ Fillmore Central TBD</p>	<p>GB Sub-Districts @ Fillmore Central TBD</p>	<p><i>FCA Lunch Meeting in Mr. Hitchcock's room</i> Saline County Spelling Bee 5/6—9:00 7/8—11:00 2:00 Out 13</p>	<p>Happy Valentines Day GB Sub-District Final @ Fillmore Central TBD</p>		<p>BB vs Cross County 5:30/7:30</p>	<p>Speech @ Sutton State Dance - Grand Island</p>
<p>14</p>		<p style="border: 1px dashed black; padding: 5px; text-align: center;">State Wrestling—Omaha</p>		<p>15</p>		<p>16</p>		
<p>FFA Pancake Feed 11-1 Community Bldg. </p>	<p style="border: 2px solid yellow; padding: 5px;">National FFA Week Feb. 17-24</p>						<p>17</p>	
<p>18</p>	<p>BB Sub-Districts @ Wilber-Clatonia TBD</p>	<p>BB Sub-Districts @ Wilber-Clatonia TBD</p>	<p>2:00 Out 20</p>		<p>BB Sub-District Final @ Wilber-Clatonia TBD</p>	<p>GB District Final @ TBD</p>	<p>22</p>	
<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p></p>			
<p>JH Quiz Bowl @ Thayer Central 4:00</p>	<p>BB District Final @ TBD</p>	<p>NHS/Red Cross Blood Drive East Gym 8:00 -2:00 2:00 Out 27</p>		<p><i>FCA Lunch Meeting in Mr. Hitchcock's room</i></p>	<p>28</p>			
<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>				



Stutzman's Side Notes

"You Learn Something New Every Day"



Our theme for the month of January was "Fresh Starts". Our staff began the new year by joining our Blue River Cohort Schools in McCool Junction to hear a wonderful speaker, Sam Stecher, talk about ways to make a positive influence and work with a "mission". We also got a chance to meet with other teachers and continue to grow professionally.

Our Bulldog Buddies group members (students and staff) each chose *1 Word* to live by this semester, similar to a resolution or goal, but more focused. The words are posted in the cafeteria, check them out when you attend a basketball game.

Our elementary students celebrated the 100th Day of School on January 24th! 100 Days Smarter! We have all grown so much in those

100 days, and the learning will continue every day. Great job!

On February 5th we will host Parent-Teacher Conferences. Please take the time to meet with your child's teacher(s). As always it takes the parents, students, and teachers to work together to ensure success. If you are unable to attend please connect with your child's teacher through phone or e-mail. We look forward to seeing all of you.

Go Bulldogs!! Liz Stutzman- Principal

School Website: www.friendbulldogs.org

Twitter Account: @FriendSchools

Important Dates to Mark Down this Month

February 5th: 12:30 Release and Parent-Teacher Conferences

February 6th: Full Day Wednesday

February 8th: Black Lightning Dance Camp Performance at the Varsity Basketball game

February 14th: 2:00 PM Elementary Classroom Valentine's Day Parties

March 1st: Read Across America Day- Elementary Read with Buddies this afternoon at 2:45 PM. (details to follow)





Scholarships

Seniors should be busy working on both local and national scholarship applications. *Parents, ask your son/daughter about the local scholarships that were shared with them last week. Deadlines will be here soon!*

If any other local businesses, organizations, or families are interested in offering a local scholarship to a graduating senior, please contact Amy Hottovy, school counselor, as soon as possible (amy.hottovy@friendschool.org or 402.947.2781 ext. 212).

College Visits

It's never too early to start thinking about college choices! Juniors are encouraged to get one college visit in this semester.

Seniors should be narrowing down college choices to a final decision within the next few weeks.

If a student plans to make a college visit, he/she must get the appropriate paperwork completed and turned in BEFORE the day of the visit in order for the absence to be excused.

Juniors are allowed one excused absence per school year for a college visit, and seniors are allowed two.

Need help scheduling a college visit? Contact Ms. Hottovy at your earliest convenience.

Community Service

Businesses, organizations, churches, etc. in the Friend school district are reminded to contact the school with any community service opportunities that might be available for our high school students. Thank you to all who have already begun partnering with the school!

Addicted to Screens: How to Help Your Children



1. Monitor your children's screen time behaviors and watch for any warning signs

2. Have regular discussions about technology with your children



3. Enforce screen time limits and create tech-free zones at home

SmartSocial.com

Tips for All Parents

How can parents help their children develop a healthy relationship with social media, prevent technology addiction, and monitor their children for warning signs?

Click on this link for an article on the website "Smart Social" that includes tips from 5 experts:

<https://smartsocial.com/kids-addicted-to-screens/>



February Menu












Monday

Tuesday

Wednesday

Thursday

Friday

 <p>Breakfast serving begins at 7:50. Students should NOT be arriving at school prior to 7:50 as there is no supervision in the cafeteria until breakfast serving begins.</p>		<p>Breakfast.....\$1.75 Grades K-6 lunch.....\$2.70 Grades 7-12 lunch.....\$2.95 Extra lunch entrée.....\$1.00 Milk (extra or snack time) \$.35 Adult Breakfast.....\$2.00 Adult Lunch.....\$3.65 <i>A student will be notified in writing if and when his/her account has a negative balance.</i></p>		<p>Chocolate Chip Muffins Breaded Chicken Patty/Bun Broccoli & Cheese Jello Fruit & Veggie Bar 1</p>
<p>Breakfast Pizza Chicken Nuggets Mashed Potatoes/Gravy Bread/Butter Fruit & Veggie Bar 4</p>	<p>French Toast Cheese Pizza Mini Bagels Pudding Fruit & Veggie Bar 12:30 Dismiss Lunch to K-6 only 5</p>	<p> Egg Omelet Spaghetti Shredded Cheese Bread Sticks Fruit & Veggie Bar 6</p>	<p>Scrambled Eggs Mandarin Orange Chicken Rice Bread/Butter Fruit & Veggie Bar 7</p>	<p>Cherry Strudel Sub Sandwich Chips Cookie Fruit & Veggie Bar 8</p>
<p>Donuts K-6 Chicken Strips 7-12 Spicy Chicken Strips Mashed Potatoes/Gravy Bread/Butter Fruit & Veggie Bar 11</p>	<p> Bacon Breakfast Toast Hot Dog/Bun Chili Shredded Cheese Fruit & Veggie Bar 12</p>	<p>Cinnamon Rolls Mini Corn Dogs Tator Tots Fruit & Veggie Bar 13</p>	<p> Egg-Sausage Patty Chili Shredded Cheese Cinnamon Rolls Fruit & Veggie Bar 14</p>	<p>Biscuits & Gravy Fiestada Mexican Rice Churro Fruit & Veggie Bar 15</p>
<p> Breakfast Pizza Meaty Nachos Toppings Bread/Butter Fruit & Veggie Bar 18</p>	<p>Sausage-Egg-Cheese Sliders Chicken Sticks French Fries Bread/Butter Fruit & Veggie Bar 19</p>	<p> Sausage Breakfast Rounds Taco Salad Toppings Corn Bread/Butter Fruit & Veggie Bar 20</p>	<p>Breakfast Burrito Cheese Flatbread Cooked Carrots Pudding Fruit & Veggie Bar 21</p>	<p>Chocolate Chip Muffins Stuffed Crust Cheese Pizza Frozen Juice Sidekicks Frosted Chocolate Cake Fruit & Veggie Bar 22</p>
<p>Donuts Hot Turkey Sandwich Mashed Potatoes Bread/Butter Fruit & Veggie Bar 25</p>	<p> Pancakes Sloppy Joes Potato Smiles Pudding Fruit & Veggie Bar 26</p>	<p>Egg Taco Chicken Quesadilla Santa Fe Koos Koos Bread/Butter Fruit & Veggie Bar 27</p>	<p> Sausage Breakfast Rounds Hamburger/Bun French Fries Fruit & Veggie Bar 28</p>	<p> = Meat used from Purple Ribbon Meat Program</p>

EDUCATIONQUEST FOUNDATION

COLLEGE PLANNING BULLETIN

A monthly college planning guide for Nebraska high school students

February 2019

Seniors...where are you in the FAFSA process?

Getting financial aid for college involves more than completing and submitting the Free Application for Federal Student Aid (FAFSA). Make sure you get through each step of the process so that you don't miss out on money for college.

Did you complete and submit a 2019-20 FAFSA? If you haven't, complete the form at [FAFSA.gov](https://fafsa.gov) using 2017 income tax data. Before you start, you and a parent must each get an FSA ID at fsaid.ed.gov. You'll need the FSA IDs to access and sign your FAFSA.

If you DID submit a FAFSA, here's what happens next:

- **Expect a Student Aid Report (SAR) via an email link.** The SAR acknowledges that your FAFSA was received and lets you know if you need to take further action before the form can be processed.

- **You might receive a "verification" notification.** The college(s) you listed on your FAFSA may contact you requesting documents to verify information you included on your FAFSA. You must provide those documents before your financial aid can be processed.

- **Watch for an award letter from the college(s) you listed on your FAFSA.** This will detail the types and amounts of financial aid they are offering you. You must have been accepted for admission before the college will send an award letter.

It's critical that you watch your email and/or student portal carefully to ensure you don't miss important information about admission and financial aid.

What you need to know about scholarships!

Most scholarships are based on academics, but others are based on community service, school involvement, or talent. Some are based on financial need as determined by the results of your FAFSA.

Here's where you can find scholarships:

[ScholarshipQuest](https://www.educationquest.org) at [EducationQuest.org](https://www.educationquest.org) houses over 2,000 Nebraska-based scholarships. After you create a profile, you'll be matched with scholarships that fit your criteria.

- **Your school counselor's office.** Visit regularly to check on local and national awards.

- **The college you plan to attend.** Contact the school for a list of scholarships they provide and application procedures.

National search sites such as [College Board](https://collegeboard.org), [Peterson's](https://petersons.com), and [Chegg](https://chegg.com).

Other resources could include your coach, clubs and organizations, and your parents' employers and civic organizations.

[Click here](#) for more details about scholarships and tips to help you complete a successful application.

Follow us on social media and you might win a \$500 scholarship!

Nebraska students in grades 9-12 are encouraged to follow EducationQuest on Facebook, Twitter, and Instagram for a chance to win a \$500 **Get Social Scholarship**.

Each time EducationQuest reaches specific follower milestones on our social media pages, we'll invite current and new followers to enter into a drawing for a \$500 scholarship. We'll conduct a:

[Facebook](#) drawing when we hit **7,750** followers

[Twitter](#) drawing when we hit **3,750** followers

[Instagram](#) drawing when we hit **1,500** followers

EducationQuest will continue to award \$500 *Get Social Scholarships* each time we reach an additional 500 followers on Facebook, Twitter or Instagram. [Click here](#) for more details.

February "To Do" List

Seniors:

- ___ If you haven't already, complete the [FAFSA](#).
- ___ Expect financial aid award notifications from the colleges you listed on your FAFSA.
- ___ Apply for scholarships.

Juniors:

- ___ Start preparing for the ACT. Here are [test-prep resources](#) to consider.
- ___ [Register](#) by February 8 for the March 9 SAT.
- ___ [Register](#) by March 8 for the April 13 ACT.

For free help with college planning, contact EducationQuest Foundation:

Omaha	Lincoln	Kearney	Scottsbluff
402-391-4033	402-475-5222	308-234-6310	800-303-3745 ext. 6654
888-357-6300	800-303-3745	800-666-3721	

[EducationQuest.org](#)

Follow us on [Facebook](#), [Twitter](#) and [Instagram](#)!

Your Journey to College Begins with Us

3rd Grade



100 Days!

2nd Grade

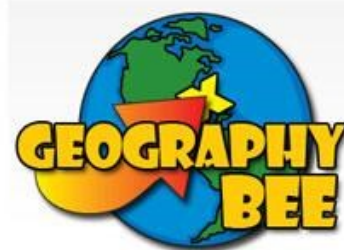
More pictures of 100 days for these classes are on the website.



2019 Geography Bee



The 2019 Friend Public School National Geographic Bee was held Thursday evening. Ten classroom finalists ranging from 4th to 8th grade competed in the Bee. At the end of the competition, Shyann Smith from the 7th grade class was our champion. Runner-up honors went to Jack Baptista, representing the 8th grade, and Kiarra Fennell finished in third place. Those who competed included: 4th grader Malorie Lawver, 5th graders Christian Conley and Bailey Theis, 6th graders Mason Vossler and Chase Paulsen, 7th graders Andy Drake and Shyann Smith, 8th graders Jack Baptista, Zoey Borgman, and Kiarra Fennell. Congratulations to all the competitors!!!



**HAPPY
100 DAYS
of
KINDERGARTEN!**



Kindergarten celebrated the 100th day of school on Thursday, January 24th! These are some of the fun things that we did: made a 100th day crown, counted to 100, did 100 movement activities, made a necklace with 100 fruit loops, wrote to 100, looked at 100 collections in 1st, 2nd, and 3rd grade!

Many students were quoted as saying, "This was the BEST day ever!! :)"

Bulldogs of the Month



Student
Alina Cordoba
Exchange Student
(Spain)



Staff
Deb Hulse
Custodian

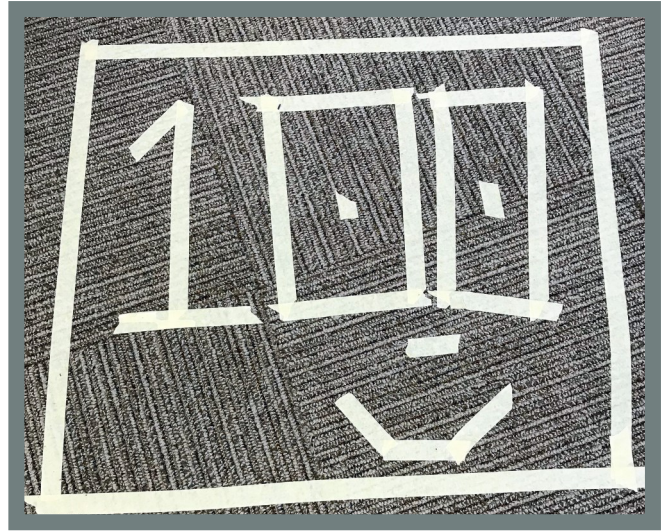
Below:
6th grade class
"Smile Zone"
celebrated 100
days of school
on Jan. 24

~~ REMINDER ~~

TUESDAY, FEB. 5

WILL BE 12:30 DISMISSAL

PARENT-TEACHER CONFERENCES
FROM 2—8 P.M.



Friend Public Schools
501 South Main St.
P.O. Box 67
Friend, NE 68359