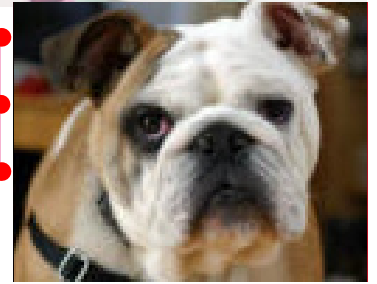
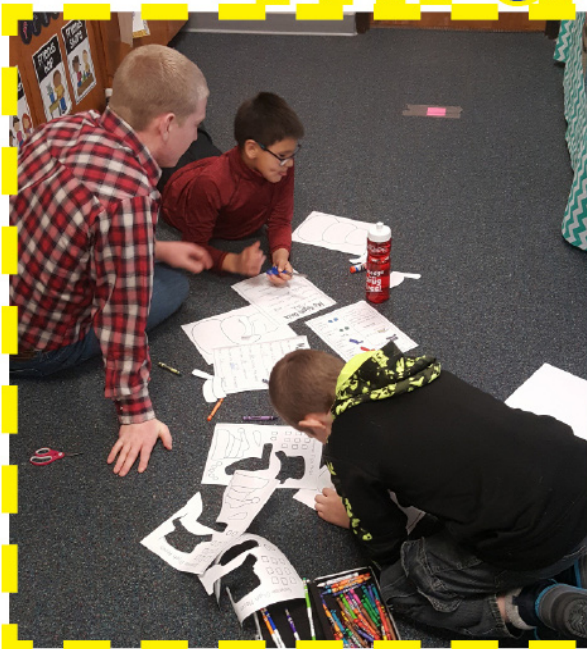


the Bulldog Newsletter

February 2017



FFA & 3rd Grade




The FFA Leadership class is paired with 3rd grade for the second year in a row for mentoring each week. Students from the FFA Leadership class plan lessons and activities to do with the 3rd grade students each Tuesday afternoon. This week all students completed a snowman activity to get to know one another.



February 2017



For the most current and up to date information regarding times and locations please check the Pioneer Conference calendar which can be accessed through friendbulldogs.org

			FCA Lunch Meeting Mr. Hitchcock's room	GB BB @ Pioneer Conf. - TBD JH BB @ McCool 2:00	GB BB @ Pioneer Conf. - TBD WR @ Malcolm Inv. 2:00	GB BB @ Pioneer Conf. - TBD Speech - Crete JH GB BB @ Exeter-Milligan 9:00	1	2	3	4				
	Juniors attending John Baylor Career Day @ McCool 8:15-3:15	12:30 Release Parent-Teacher Conferences 2-8 pm		GB BB vs. Meridian 4:30/6/7:30	GB BB vs. Diller-Odell JV - 4:30 Varsity Boys 6:00 Varsity Girls 7:30	JV GB @ Diller-Odell Tournament TBD JH BB vs Heartland 9:00 Speech	5	6	7	8	9	10	11	
	GB Sub-Districts @ Tri-County	GB Sub-Districts @ Tri-County	FCA Lunch Meeting Mr. Hitchcock's room	GB Sub-Districts @ Tri-County	WINTER BREAK NO SCHOOL BB vs Cross County 5:30/7	JV BB @ Deshler Tournament TBD	12	13	14	15	16	17	18	
	FFA Pancake Feed 11-1 Community Bldg. 	BB Sub-Districts @ Tri-County	BB Sub-Districts @ Tri-County	NHS Red Cross Blood Drive - East Gym 9-3	BB Sub-Districts @ Tri-County	GB District Final @ TBD	Speech - TBD	National FFA Week February 18-25						
	JH Quiz Bowl @ Thayer Central 4:00	BB District Final @ TBD		Friday, Feb. 10 during Diller-Odell games POST-PROM BROWNIE SUNDAE FUNDRAISER & RAFFLE						26	27	28		



BULLDOGS OF THE MONTH

Faculty - Judy Stutzman

Students - Dominique Lyew-Sang,
Laura Mailund, Josie Scholl

FRIEND FCCLA STAR Competition



Participants in FCCLA STAR held at Friend on January 18th from left to right; Kate Houlden, Hannah Manalili, Blair Miller and Brianna Ziegler. Earning a silver in Recycle and Redesign was Kate Houlden.

Competing in Family Challenges and Issues and receiving a gold medal was Hannah Manalili, Blair Miller and Brianna Ziegler.

Congratulations to everyone for their hard work.

Hannah, Blair and Brianna will be able to go on to the state competition in April.



from Mrs. Dickinson Elementary Principal/Guidance Counselor

To The Parents of Friend Elementary Students,

January 20, 2017

I want to take a moment to welcome everyone back to second semester. Over the past two weeks, the elementary staff and students have been busy learning about the many upcoming skills and concepts that they will acquire between now and May. I am always pleased to see the excitement on students' faces after they return from a break or a few unexpected snow days. Everyone seemed glad to return to school and move forward in their learning journey. As I visit individual classrooms and monitor academic progress, I am always encouraged to see growth occurring among all students since last August. As our school year continues, learning expectations increase. Making students accountable for their academics and behavior, gives them ownership and responsibility in the learning process. A new calendar year provides an opportunity for students to discuss and select goals that are pertinent and valuable to them.

In the month ahead, our fourth grade students will be participating in the NAEP test. Our school was randomly selected last summer to participate in this important exam. All fourth graders will take this test on the morning of February 7th. I know that they are prepared and will work hard to do their best work. The test is important and helping them prepare in advance through rest, good nutrition and positive reinforcement can only help increase attitude and performance. Elementary Bulldogs Always Shine!!! We Are The Best!!!

Our annual Friend Geography Bee was held on Tuesday evening January 18th. Students that won their individual classroom Geography Bee participated in the evening's event which featured the winners from grades 4th-8th. There were 12 students that competed against each other for the opportunity to move forward in the Nebraska State Geography Bee. Top prize went to Colton Benjamin an 8th grade student. Congrats Colton!!! However, everyone that participated in the event should be proud of their accomplishment. I am proud of you!!!

Our newly adopted reading program "Wonders" continues to be a rewarding series for our students and staff. Everyone seems to be enjoying the wide variety of genres and activities that are provided throughout each book. This series is challenging and requires our students to think, read and write on a much higher level. This is a good thing. Our elementary students are so capable of achieving and reaching higher level thinking skills and expectations. If we believe in them, then they will believe in themselves. As with any new program it takes time to see progress. All of us are learning a new program and our hard work will pay off.

Teachers will be returning to Lincoln Public Schools in the next few weeks to continue collaborating ideas with LPS teachers. They will observe reading and writing sessions in action and will have an opportunity to continue asking questions about specific ways to improve reading/writing instruction. This is a specific goal in our elementary and we will do whatever it takes to help our students succeed!!!

The year 2017 promises to be filled with success and lasting memories at Friend Public School!!!!

Some important upcoming dates to mark on your calendar:

February 7th— Fourth graders take the NAEP test 8:30-10:00.

February 7th- 12:30 Dismissal. P-T Conferences from 2-8. Please attend this important event. Let us try for another 100% attendance.

February 14th- Classroom Valentine Parties

February 17th –NO SCHOOL!!!

***In the upcoming weeks please look for information that I will have regarding Summer School, Preschool and Kindergarten Round-Up dates.



Public Health
Solutions

995 East Highway 33, Suite 1 ▪ Crete, NE 68333
Phone 402-826-3880 ▪ toll free 888-310-0565 ▪ fax-826-4101

District Health Department

Serving Fillmore, Gage, Jefferson, Saline, and Thayer counties.

Contact: Kim Buser, RN, BSN
Tel: 402-826-3880
Email: kbuser@phsneb.org
Date: January 20, 2017

FOR IMMEDIATE RELEASE

FLU ACTIVITY INCREASING RAPIDLY

DHHS is reporting widespread increases in flu activity across the state with outbreaks occurring in schools, long-term care facilities, hospitals, clinics, and work places.

The most important step in protecting yourself and your family from the flu is to get an annual flu vaccination. It is not too late to get immunized. It can take up to two weeks to develop full immunity but any immunity will help reduce the severity of the illness. Anyone 6 months of age or older that has not already received a flu shot should get one immediately.

[Children younger than 6 months](#) are at high risk of serious flu illness, but are too young to be vaccinated. People who care for infants should be vaccinated instead.

If you develop signs of the flu, it is important to stay home. Contact your healthcare provider to determine if he/she would recommend a flu anti-viral medication.

Additional steps to avoid the flu include:

- Frequent hand washing.
- Cover your nose and mouth with a tissue when you cough or sneeze.
- Avoid touching your eyes, nose and mouth. Germs easily spread this way.
- Frequently & thoroughly clean and disinfect surfaces and objects that may be contaminated.

For information on where to get a flu shot, contact your healthcare provider or call Public Health Solutions at 402-826-3880. We can help you find the nearest public immunization clinic in your area.

For more information on where to get a flu shot, contact your healthcare provider or Public Health Solutions. If you need information on the nearest public immunization clinic near you, please call Public Health Solutions at 402-826-3880.

About Public Health Solutions

Public Health Solutions serves to prevent disease and injury, promote wellness, and protect the personal, community, and environmental health of all people in Fillmore, Gage, Jefferson, Saline, and Thayer counties in southeast Nebraska. To learn more, visit www.phsneb.org, or call us at 402-826-3880.

-end-

February Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>According to the policy of the Board of Education of the Friend Public School, all meals must be purchased in advance. A student will be notified in writing if and when his/her account has a negative balance.</p> 		<p>Cinnamon Roll BBQ Pork/Bun Tator Tots</p> <p><i>Fruit & Veggie Bar</i></p> <p>2:30 Dismissal</p> <p>1</p>	<p>Egg Omelet Chili Shredded Cheese Cinnamon Roll</p> <p><i>Fruit & Veggie Bar</i></p> <p>2</p>	<p>Biscuits & Gravy Mini Corn Dogs Broccoli & Cheese</p> <p><i>Fruit & Veggie Bar</i></p> <p>3</p>
<p>Donuts Chicken Nuggets Mashed Potatoes Gravy</p> <p><i>Fruit & Veggie Bar</i></p> <p>6</p>	<p>French Toast Stuffed Crust Cheese Pizza <i>Fruit & Veggie Bar</i></p> <p>12:30 Dismissal Parent Teacher Conferences</p> <p>7</p>	<p>Sausage, Egg & Cheese Sliders Grilled Cheese Tomato Soup Gold Fish Crackers</p> <p><i>Fruit & Veggie Bar</i></p> <p>2:30 dismissal</p> <p>8</p>	<p>Egg Taco Meaty Nachos Toppings Bread & Butter Pudding</p> <p><i>Fruit & Veggie Bar</i></p> <p>9</p>	<p>Cherry Strudel Fiestada Mexican Rice</p> <p><i>Fruit & Veggie Bar</i></p> <p>10</p>
<p>Breakfast Pizza Hot Dog/Bun Chili Shredded Cheese</p> <p><i>Fruit & Veggie Bar</i></p> <p>13</p>	<p>Egg Patty Sloppy Joes Chips</p> <p><i>Fruit & Veggie Bar</i></p> <p>Happy Valentine's Day</p> <p>14</p>	<p>Blueberry Muffins Stromboli Marinara Sauce Frosted Cake</p> <p><i>Fruit & Veggie Bar</i></p> <p>2:30 dismissal</p> <p>15</p>	<p>Bacon Breakfast Toast Rock & Roll Beef Wrap Koos Koos</p> <p><i>Fruit & Veggie Bar</i></p> <p>16</p>	<p>NO SCHOOL</p> <p>Winter Break</p> <p>17</p>
<p>Donuts Taco Salad Toppings Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p>20</p>	<p>Pancakes Warm Ham & Cheese Truffle</p> <p><i>Fruit & Veggie Bar</i></p> <p>21</p>	<p>Egg Patty Hot Beef Sandwich Mashed Potatoes Bread/Butter</p> <p><i>Fruit & Veggie Bar</i></p> <p>2:30 Dismissal</p> <p>22</p>	<p>Breakfast Burrito Sub Sandwich Chips Cookie</p> <p><i>Fruit & Veggie Bar</i></p> <p>23</p>	<p>Breakfast Rounds Hamburger/Bun French Fries</p> <p><i>Fruit & Veggie Bar</i></p> <p>24</p>
<p>Breakfast Pizza K-6 Chicken Strips 7-12 Spicy Chicken Strips Mashed Potatoes/Gravy</p> <p><i>Fruit & Veggie Bar</i></p> <p>27</p>	<p>Sausage, Egg & Cheese Slider Spaghetti Shredded Cheese Bread Stick</p> <p><i>Fruit & Veggie Bar</i></p> <p>28</p>	<p>Hot Lunch Information <u>Lunch prices for the 2016-17 school year:</u></p> <p>Grades K-6 lunches \$2.55 Grades 7-12 lunches \$2.80 Milk (extra or snack time) \$.35 Extra entrée at lunch \$1.00 Breakfast \$1.65 Adult Lunches \$3.40</p> 		



Mrs. Kraus & some 1st graders dressed as old people

100 DAYS SMARTER

Celebrating 100 days of learning
January 25, 2017



2nd Grade made necklaces out of 100 Fruit Loops



3rd grade made posters of 100 items

Right:
 Kindergarten class with their 100 day crowns and glasses



Music Department Soup Supper

The music department will be hosting a soup supper on
Thursday, February 9
from 5:30 p.m. to 8:00 p.m. or until the soup is gone
during the Friend vs. Meridian
basketball games



• • • • •
• **Free will donation** •
• • • • •

If you would like to make soup, donate sandwich goods or make brownies/cookies, please contact Mrs. Franzen at 402-947-2781 or l.franzen@friendschool.org

Thank you!!

Friend Home Events & Activities

The administration and staff have received complaints from our patron's about students running and/or messing around during the home basketball games and not watching the game. When JH/HS students attend a school event it is expected that they sit watch either the sporting event or program. If students are not going to watch the event then they should not attend. If a student is not doing this from this point forward they will be asked to leave by a staff member. We appreciate everyone attending all school events and want everyone to enjoy the event and cheer on Friend.

Thank you for your support in this area.

----Mr. Kraus, Mr. Dempsey, Mrs. Dickinson

NAEP test for 4th grade Feb. 7 in the morning

Helpful success tips:

Plenty
of rest

Positive
reinforcement

A good,
healthy
breakfast

PRSR STD
ECRWSS
U.S.POSTAGE
PAID
EDDM